

# Advanced Chiropractic Nutrition Center, P.A.

440 Third St., Suite A Neptune Beach, Florida 32266  
(904) 249-5999, (904) 249-1768 (fax)

## Confidential Patient Health Record

### Personal Information:

Last: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_

Sex: Male/Female Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Marital Status:  Single  Married  Widowed  Divorced  Separated

Spouse Name: \_\_\_\_\_ Children's Names/Ages: \_\_\_\_\_

Address: \_\_\_\_\_ Apt#: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_ Hrs/wk \_\_\_\_\_

Job Duties % of time: Sitting: \_\_\_\_\_ Standing: \_\_\_\_\_ Walking: \_\_\_\_\_ Light Labor: \_\_\_\_\_ Heavy Labor: \_\_\_\_\_

How did you hear about our office? Friend \_\_\_\_\_ Internet \_\_\_\_\_ Location \_\_\_\_\_ Insurance Co. \_\_\_\_\_

Referral \_\_\_\_\_ (Pls, let us know the name of the person that referred you) \_\_\_\_\_

Other? \_\_\_\_\_

### REQUEST FOR SPECIAL CONFIDENTIAL COMMUNICATIONS PROCEDURES:

I hereby request that Advanced Chiropractic Nutrition Center P.A. place all telephone calls and text messages to the following phone number: \_\_\_\_\_

Phone carrier (i.e Sprint, AT&T): \_\_\_\_\_

Can we send information to the address listed above? Yes or No

If no, pls list the address? \_\_\_\_\_

I understand that there may be a potential security risk of my personal health information if there is a security breach.

Due to possible security risks, I am opting out of reminds via text message and would rather be reminded via telephone. \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/ Legal Guardian Signature: \_\_\_\_\_

### Emergency Contact:

Last: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_ Contact number: \_\_\_\_\_

Address: \_\_\_\_\_

Relationship to patient:  Spouse  Relative  Friend  other

### Current Health Condition:

1. What is the chief complaint (what brought you in)? \_\_\_\_\_
2. When did the discomfort start? \_\_\_\_\_ Onset sudden or gradual? \_\_\_\_\_
3. Is the condition  Auto Related  Job Related  Home injury  Slip or Fall  Lifting  Slept wrong  Unknown cause  Other: \_\_\_\_\_
4. Since the problem began have the symptoms been getting worse or have they been relatively unchanged? \_\_\_\_\_
5. What aggravates the discomfort? \_\_\_\_\_

6. What relieves the discomfort? \_\_\_\_\_
7. Does it radiate into the arms, hands, buttocks or feet? If yes, explain: \_\_\_\_\_
8. How would you describe your discomfort? (circle all that apply) aching, burning, deep, dull, numb, sharp, stabbing, throbbing, tight, tingling. Other? \_\_\_\_\_
9. What is the severity? 1-10 with 10 being the worst? \_\_\_\_\_
10. When is the discomfort worse? \_\_\_ Morning \_\_\_ Afternoon \_\_\_ Evening
11. Is the discomfort \_\_\_ constant \_\_\_ intermittent \_\_\_ varies
12. Have you had any prior interventions or treatments? \_\_\_\_\_
13. List any medications you are taking for this condition? \_\_\_\_\_
14. Are they helping? Y or N
15. Do you suffer with any other condition that you would like us to look at? Y or N Explain:  
\_\_\_\_\_
16. Have you had any testing, i.e. MRI, X-ray or CT scan? Y or N If yes, where? \_\_\_\_\_
17. Do you have any herniated discs or bulging discs? Y or N
18. What limitations do you have due to pain?  
\_\_\_\_\_

**Family Physician:** DR \_\_\_\_\_ **Last Seen:** \_\_\_\_\_  
**Treated for :** \_\_\_\_\_

**Past Health History:**

1. Have you seen other doctors for this condition? Y or N if yes, who? \_\_\_\_\_
2. Type of Treatment: \_\_\_\_\_
3. Were you satisfied with the results of your treatment? Y or N? If no, explain  
\_\_\_\_\_
3. Previous Chiropractic Care:  I have not previously seen a chiropractor  
**Doctor's Name:** \_\_\_\_\_ **Location:** \_\_\_\_\_ **Date of your last visit?** \_\_\_\_\_

**Accidents or Injuries:**  No prior accident/ Injuries

1. What type of accident did you have?  Auto  Slip/Fall  Work  Motorcycle  Other \_\_\_\_\_
2. When was the injury? \_\_\_\_\_
3. What injuries did you sustain? \_\_\_\_\_
4. Have you ever had a litigated claim following an accident? Y or N
5. Did you receive a settlement? Y or N
6. Have you been rated with a permanent impairment rating following an accident? Y or N

**Hospitalizations and dates:**

\_\_\_\_\_  
 \_\_\_\_\_

**Current Medications (List all):** \_\_\_\_\_

**Supplements (List all):** \_\_\_\_\_

**Allergies:** Do you have any drug or food allergies?  N  Y  
 If yes, explain \_\_\_\_\_

**Surgeries:**  None  Appendectomy  Back  C-section  Dental  D&C  Gallbladder  Heart  Hernia repair  Neck  Hysterectomy  Joint replacement or repair (L or R) - knee, shoulder, hip or other \_\_\_\_\_  Laminectomy  Mastectomy  Rotator Cuff  Skin Cancer  Stomach  Spinal Fusion  Vasectomy  Other Cancer  Other \_\_\_\_\_

**Females only:** Ob/Gyn \_\_\_\_\_  
Females: Any possibility of Pregnancy? Y or N (initials) \_\_\_\_\_  
I  currently have menses.  currently do not have menses.  
My menses are  regular  irregular  
Date of last menses? \_\_\_\_\_

**Family History:** List and family history of disease or illness:  
\_\_\_\_\_  
\_\_\_\_\_

**Social History:**

Cigarette/Cigar  None  Previous  Current #packs/ day \_\_\_\_\_ #Yrs. \_\_\_\_\_  
Coffee: #Cups/day \_\_\_\_\_ Regular or Decaf  
Tea: #cups/day \_\_\_\_\_  
Alcohol:  do not drink  social consumption only  drink the following  beer  liquor  wine  
Quantity of \_\_\_\_ oz. per  day  week  month  
Hobbies: \_\_\_\_\_ Stresses: \_\_\_\_\_

**Review of Systems**

These symptoms may seem un-related to the reason for your appointment, however, these questions must be answered carefully as the problems can affect your overall course of care.

**Constitutional:**  None  chills  daytime drowsiness  fatigue  fever  night sweats  weight loss  weight gain

**Eye/ Vision:**  None  blindness  cataracts  blurred vision  change in vision  double vision  eye pain  glaucoma  itching  tearing  wear glasses/contacts  other \_\_\_\_\_

**Ears, Nose & Throat:**  None  bleeding  denture  difficulty swallowing  discharge  dizziness  ear discharge  ear pain  fainting  frequent sore throats  headaches (major/minor/migraine)  hearing loss  history of head injury  hoarseness  loss of sense of smell  nasal congestion  nose bleeds  sinus infection  Tinnitus (ringing in ears)  TMJ   
Other: \_\_\_\_\_

**Respiration:**  None  Asthma  Coughing up blood  Cough  Shortness of Breath  Wheezing  other \_\_\_\_\_

**Cardiovascular:**  None  Angina (chest pain or discomfort)  heart murmur  heart problems  high blood pressure  low blood pressure  orthopnea (difficulty breathing lying down)  Palpitations  waking with shortness of breath  Shortness of breath with exercise  swelling of legs  ulcers  varicose veins.  Other: \_\_\_\_\_

**Gastrointestinal:**  None  Abdominal Pain  Belching  Black-tarry stools  Constipation  Diarrhea  
 Difficulty swallowing  Heartburn  Hemorrhoids  Indigestion  Jaundice  Nausea  Rectal  
bleeding  Abnormal stool size or color  Vomiting blood  Other \_\_\_\_\_

**Female:**  None  Birth control  Breast lumps/pain  Burning Urination  Cramps  
 Frequent Urination  Pregnancy  Urine retention  
 Vaginal Bleeding  Vaginal Discharge  Other \_\_\_\_\_

**Male:**  None  Burning urination  Erectile dysfunction  Frequent urination  Hesitancy/dribbling   
prostate problems  urine retention  
 Other \_\_\_\_\_

**Endocrine:**  None  Cold intolerant  Diabetes  Excessive appetite  Excessive hunger  Excessive  
thirst  Abnormal urination  Goiter  Hair loss  Heat Intolerance  Unusual hair growth  Voice  
Changes  Other: \_\_\_\_\_

**Skin:**  None  Changes in nail color  Changes in skin color  Hair growth  Hair loss  Hives   
History of skin disorders  Itching  Parenthesis  Rash  Skin/lesions  Varicosities  Other  
\_\_\_\_\_

**Nervous System:**  none  Dizziness  Strokes  Facial weakness  Headache  Limb weakness   
Loss of memory  Numbness  Seizures  Slurred Speech  Tremor  Unsteadiness of gait/ loss of  
balance  Other: \_\_\_\_\_

**Psychological:**  None  Anxiety  Insomnia  Behavioral change  Bi-polar disorder  Convulsions   
Depression  Other \_\_\_\_\_

**Hematologic:**  None  Anemia  Bleeding  Blood clotting  Blood Transfusion  Bruising  Fatigue  
 Lymph node swelling  Other \_\_\_\_\_

**RECEIPT OF NOTICE OF PRIVACY PRACTICES:**

My signature below indicates that I have received and/or reviewed a copy of my Notice of Privacy Practices. I have also been given the option of signing a separate Patient Consent Form. I understand that this form will be placed in my patient chart and maintained for six years.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/ Legal Guardian Signature: \_\_\_\_\_

**ACCOUNTING OF DISCLOSURES:**

By signing below, I authorize any holder of medical or other information about me to release to the above insurance company any information needed for this or a related insurance claim. I permit a copy of this authorization to be used in place of the original, and request payment of medical insurance benefits to either myself or the party who accepts assignment. I authorize Advanced Chiropractic Nutrition Center to provide any and all information to the above-named insurance companies to obtain payment for the evaluation and treatment provided.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/ Legal Guardian Signature: \_\_\_\_\_

**Payment Options:**

Self Pay

You have insurance, but do not want your insurance billed. You would prefer to pay out of pocket.

You would like to use your insurance (please fill out below).

**Filing insurance is a courtesy that our office provides. You are responsible for any insurance denials, copays and deductibles.**

**Payment is made at the end of each of visit but this amount is subject to change if the insurance company explanation of benefits is different.**

**Insurance Information- Primary**

Insurance Carrier: \_\_\_\_\_ Pol Holder Name: \_\_\_\_\_  
Member ID #: \_\_\_\_\_ Group #: \_\_\_\_\_  
Policy Holders Social Security # \_\_\_\_ - \_\_\_\_ - \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Insurance Information- Secondary**

Insurance Carrier: \_\_\_\_\_ Pol Holder Name: \_\_\_\_\_  
Member ID #: \_\_\_\_\_ Group #: \_\_\_\_\_  
Policy Holders Social Security # \_\_\_\_ - \_\_\_\_ - \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

**PATIENT PAYMENT RESPONSIBILITIES:**

I understand that if I am uninsured or have an insurance that is not accepted at the practice, that I will be responsible for payment in full at the time of service. I understand that insurance copays, deductibles, co-insurance and charges not filed with insurance are due at the time of services. Failure to make payment when requested is a basis for legal action, and the undersigned agrees to pay all cost for collections, including a reasonable fee, and hereby waives his/her rights of exemption under the laws of State of Florida and any other state. I understand that I will be responsible for ANY charges that are not paid by my insurance company. I understand that it is my responsibility to know the limits of my coverage and to pay any fees that my insurance company denies. (As a service to you, our staff will bill your insurance carrier, but if you do not pay your balance in a timely fashion, we will ask that you pay in full at your visits and file on your own claims.) I understand that procedures may fall under major medical; therefore, I will be responsible for paying the deductible amount at the time of service. The patient also agrees to pay all cost of collections, legal cost, attorney fees and 1 ½% interest monthly in the event the Patient's account balance becomes delinquent.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Parent/

Legal Guardian Signature: \_\_\_\_\_