

GEHMAN CHIROPRACTIC  
39 Market Street  
Hatfield, PA 19440  
215-362-5949

**CONFIDENTIAL HEALTH INFORMATION**

Name: \_\_\_\_\_ Social Security \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Marital Status: M S W D

Employer: \_\_\_\_\_ May We Contact You At Work: \_\_\_ Yes \_\_\_ No

Employer Address: \_\_\_\_\_ Occupation: \_\_\_\_\_

Spouse / Partner Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Spouse / Partner Employer: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Referred By: \_\_\_\_\_ Medical Dr's. Name: \_\_\_\_\_

May we contact your primary doctor about your care? \_\_\_ Yes \_\_\_ No

Insurance Information: \_\_\_ Health Insurance \_\_\_ Auto \_\_\_ Workers Comp  
\_\_\_ Medicare \_\_\_ Health Savings Acct / Flex Plan \_\_\_ No Insurance

Insurance Carrier: \_\_\_\_\_ Group #: \_\_\_\_\_ ID#: \_\_\_\_\_

I understand and agree that health insurance policies are an agreement between the insurance carrier and myself, and that all services rendered me are charged directly to me, and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional services rendered me will be immediately due and payable.

What Prompted You To Seek Care? \_\_\_\_\_

Other Symptoms/Complaints: \_\_\_\_\_

Nature Of Injury: Auto \_\_\_ Work \_\_\_ Sports \_\_\_ Other \_\_\_\_\_

Date Symptoms/Injury Occurred: \_\_\_\_\_ Days Lost From Work: \_\_\_\_\_

Ever Had Same/Similar Condition? \_\_\_ Yes \_\_\_ No If Yes, When? and Please Describe \_\_\_\_\_

Have You Previously Treated For This Condition? \_\_\_ Yes \_\_\_ No

If Yes, How? and With Whom? \_\_\_\_\_

Is Condition Improving \_\_\_ Worsening \_\_\_ Same \_\_\_ Is It Constant? \_\_\_ Does It Come & Go \_\_\_

Does Your Pain Radiate To Other Areas: \_\_\_\_\_

What Makes Your Condition Worse: \_\_\_\_\_

What Makes It Feel Better: \_\_\_\_\_

What Do Your Symptoms Feel Like? Ache \_\_\_ Sharp \_\_\_ Stiff \_\_\_ Tingling \_\_\_ Numb \_\_\_  
Burning \_\_\_ Throbbing \_\_\_ Cramps \_\_\_ Stabbing \_\_\_

What **Activities of Daily Living** does your pain / condition interfere with?

___ Sleeping	___ Bathing	___ Self Care	___ Working	___ Walking
___ Showering	___ Family Care	___ Lifting	___ Standing	___ Dressing
___ Child Care	___ Desk Work	___ Sitting	___ Shoes	___ Home Care
___ Traveling	___ Running	___ Toileting	___ Driving	___ School
___ Climbing	___ Cleaning	___ Gardening	___ Concentration	

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Pain Diagram

Instructions: Mark the location of **Your** symptoms using these symbols:

Sharp Pain

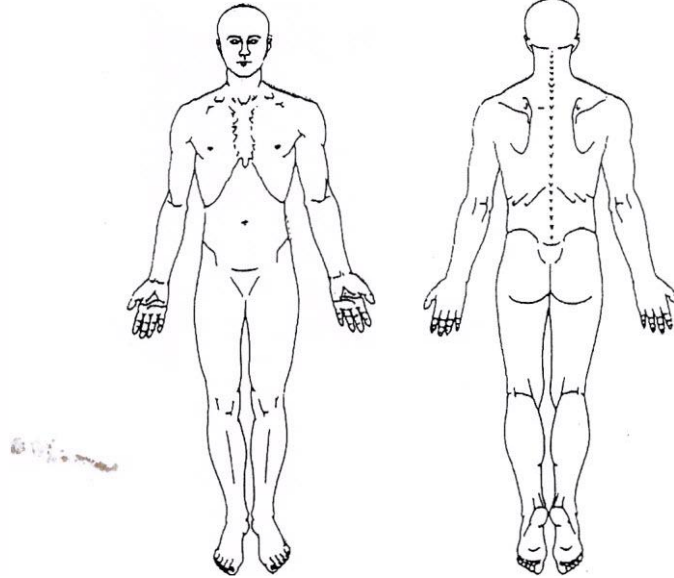
XXXXXX

Numb/Tingling ++++++

Dull Pain

00000000

Other \_\_\_\_\_



### Pain Scale

Instructions: Indicate your level of pain by choosing the appropriate number on the scale below:

0	1	2	3	4	5	6	7	8	9	10
No					Moderate				Very Severe	
Pain					Pain				Pain	

#### PREVIOUS CARE:

Have you been to a Chiropractor before? \_\_\_\_ Yes \_\_\_\_ No If yes, what for? \_\_\_\_\_

How long did you treat? \_\_\_\_\_ Was your problem resolved? \_\_\_\_ Yes \_\_\_\_ No

Have you been treated for any health condition in the past year? \_\_\_\_ Yes \_\_\_\_ No If yes, for what, and with whom?

Have you had any previous \_\_\_\_ Injuries, \_\_\_\_ Falls, \_\_\_\_ Auto Accidents, \_\_\_\_ Work Injuries, \_\_\_\_ Broken Bones

List any Surgeries you've had: \_\_\_\_\_

List any Prescription Medications: \_\_\_\_\_

Do you take Vitamins? \_\_\_\_ Yes \_\_\_\_ No

Indicate your Stress Level:	0	1	2	3	4	5
		<b>MILD</b>		-		<b>HIGH</b>

Is your job very physical? \_\_\_\_ Yes \_\_\_\_ No Does it involve repetitive motions? \_\_\_\_ Yes \_\_\_\_ No

Any other health concerns? \_\_\_\_\_

Please check the correct box for each item below. Check at least one box for each sign or symptom listed. Previously Presently

Previously Presently  
**GENERAL SYMPTOMS**

- Allergy(What) \_\_\_\_\_
- Bronchitis
- Chills (Constant)
- Convulsions
- Dizziness
- Fainting
- Fatigue
- Headache
- Loss of Sleep
- Loss of Weight
- Nervousness
- Night Sweats
- Numbness or Pain in arms/legs/hands
- Wheezing

Previously Presently  
**GASTRO-INTESTINAL**

- Belching or Gas
- Colon Trouble
- Constipation
- Diarrhea
- Gall Bladder Trouble
- Hemorrhoids (piles)
- Jaundice
- Liver Trouble
- Nausea
- Stomach Pain
- Vomiting
- Vomiting Blood
- Heart Burn
- Bloody Stools
- Acid Reflux
- Irritable Bowel

Previously Presently  
**EYE/EAR NOSE/THROAT**

- Asthma
- Deafness
- Earache
- Ear Discharge
- Ear Noises
- Thyroid Problems
- Frequent Colds
- Hay Fever
- Nasal Obstruction
- Nose Bleeds
- Pain in Eyes
- Poor Vision
- Blurred Vision
- Sinusitis
- Sore Throats
- Tonsillitis

Previously Presently  
**RESPIRATORY**

- Chest Pain
- Chronic Cough
- Difficulty Breathing
- Spitting Blood
- Spitting Phlegm

- GENITO-URINARY**
- Bed Wetting
  - Blood in Urine
  - Frequent Urination
  - Inability to Control Urine
  - Kidney Infection
  - Kidney Stones
  - Painful Urination
  - Prostate Trouble

- MUSCLES & JOINTS**
- Backache
  - Foot Trouble
  - Hernia
  - Pain Between Shoulders
  - Painful Tail Bone
  - Stiff Neck
  - Spinal Curvature
  - Swollen Joints
  - Tremors

- CARDIO-VASCULAR**
- High Blood Pressure
  - Low Blood Pressure
  - Chest Pain
  - Heart Trouble
  - Poor Circulation
  - Rapid Heart
  - Slow Heart
  - Strokes
  - Swelling Ankles
  - Varicose Veins

- SKIN OR ALLERGIES**
- Bruising Easily
  - Dryness
  - Eczema
  - Hives or Allergy
  - Itching
  - Sensitive Skin
  - Skin Eruptions

- FOR FEMALES ONLY**
- Cramps
  - Hot Flashes
  - Irregular Cycle
  - Painful Periods
  - Vaginal Discharge
- Yes No Pregnant at this Time  
\_\_\_\_\_ Last Pap Date  
\_\_\_\_\_ Last Menstrual Cycle

**DO YOU HAVE OR HAVE YOU HAD ANY OF THE FOLLOWING DISEASES?**

- |                                       |                                      |  |                                    |   |                                       |
|---------------------------------------|--------------------------------------|--|------------------------------------|---|---------------------------------------|
| <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Anemia      | <input type="checkbox"/> Heart Disease   | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Pneumonia        | <input type="checkbox"/> Measles      |
| <input type="checkbox"/> Goiter       | <input type="checkbox"/> Epilepsy    | <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Mumps     | <input type="checkbox"/> Influenza        | <input type="checkbox"/> Depression   |
| <input type="checkbox"/> Polio        | <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Pleurisy        | <input type="checkbox"/> Lumbago   | <input type="checkbox"/> Tuberculosis     | <input type="checkbox"/> Diabetes     |
| <input type="checkbox"/> Alcoholism   | <input type="checkbox"/> Eczema      | <input type="checkbox"/> Whooping Cough  | <input type="checkbox"/> Cancer    | <input type="checkbox"/> Venereal Disease | <input type="checkbox"/> HIV Positive |

**HABITS**

- Smoking Packs/day: \_\_\_\_\_
- Drinking Alcohol: (Cups/day) \_\_\_\_\_
- Coffee Cups/Day: \_\_\_\_\_
- Soft Drink Bottles or Cans/Day: \_\_\_\_\_
- Water Cups/Day: \_\_\_\_\_

**EXERCISE**

- None
  - Moderate
  - Daily
- Type: \_\_\_\_\_
- Mother \_\_\_\_\_
- Father \_\_\_\_\_
- Brother(s), # of \_\_\_\_\_
- Sister(s), # of \_\_\_\_\_

**FAMILY HISTORY**

- |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|
| Diabetes                 | Heart                    | Cancer                   | Back                     |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

I understand and agree to allow this Chiropractic office to use my Patient Health Information for the purpose of treatment, payment, healthcare operations and coordination of care. We want you to know how your patient Health Information is going to be used in this office, your rights concerning those records, and that your personal information will be kept strictly confidential. You may request for your records, a copy of our Privacy Policy concerning your personal information. If there is anyone you do not want to receive your medical records, please inform us.

I hereby authorize the doctor to examine and treat my condition as he/she deems appropriate through the use of Chiropractic Health Care, and I give authority for these procedures to be performed.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature Authorizing Care: \_\_\_\_\_ Date: \_\_\_\_\_

**NOTES:**