

## **INSTRUCTIONS:**

The purpose of this questionnaire is to identify difficulties that you may be experiencing. Please answer every question, do not skip any questions. Follow the 0 to 4 key, and select which best fits for all of your answers.

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NAME:

DATE:

Dor	ntal lobe Prefrontal, solateral and Orbitofrontal eas 9, 10, 11, and 12)	Level		Sup	ntal Lobe Precentral and plementary or Areas (Area 4 and 6)
1,	Difficulty with restraint and controlling impulses or desires	0 1 2 3	4	18.	Initiating movements with your leg has become more dif
2.	Emotional instability (lability)	0 1 2 3	4	19.	Feeling of arm or leg heavir especially when tired
3.	Difficulty planning and organizing	0 1 2 3	4	20.	Increased muscle tightness
4.	Difficulty making decisions	0 1 2 3			arm or leg
5.	Lack of motivation, enthusiasm, interest and drive (apathetic)	0 1 2 3		21.	Reduced muscle enduranc your arm or leg
6.	Difficulty getting a sound or melody out of your thoughts (Perseveration)	0 1 2 3		22.	Noticeable difference in you muscle function or strength one side to the other
7.	Constantly repeat events or thoughts with difficulty letting go	0 1 2 3		23.	Noticeable difference in you muscle tightness from one sthe other
8.	Difficulty initiating and finishing tasks	0 1 2 3			ntal Lobe Broca's Motor Spee a (Area 44 and 45)
9.	Episodes of depression	0 1 2 3	4	24.	Difficulty producing words versecially when fatigued
10.	Mental fatigue	0 1 2 3	4	25.	Find the actual act of speak
11.	Decrease in attention span	0 1 2 3	4		difficult at times
12.	Difficulty staying focused and concentrating for extended	0 1 2 3	4		Notice word pronunciation a speaking fluency change a
10	periods of time				etal Somatosensory Area Parietal Superior Lobule
13.	Difficulty with creativity, imagination, and intuition	0 1 2 3			eas 3,1,2 and 7)
14.	Difficulty in appreciating art and music	0 1 2 3		27.	Difficulty in perception of poor of limbs
15.	Difficulty with analytical thought	0 1 2 3	4	28.	Difficulty with spatial aware when moving, laying back i
16.	Difficulty with math, number	0 1 2 3			chair, or leaning against a v
	skills and time consciousness	0123		29.	Frequently bumping body of into the wall or objects acci
17.	Difficulty taking ideas, actions, and words and putting them in a linear sequence	0 1 2 3	4	30.	Reoccurring injury in the sa body part or side of the body
				31	Hypersensitivities to touch

-				4
۲	a	ıa	е	7

Sup	ntal Lobe Precentral and oplementary or Areas (Area 4 and 6)		L	.eve	əl	
18.	Initiating movements with your arm or leg has become more difficult	0	1	2	3	4
19.	Feeling of arm or leg heaviness, especially when tired	0	1	2	3	4
20.	Increased muscle tightness in your arm or leg	0	1	2	3	4
21.	Reduced muscle endurance in your arm or leg	0	1	2	3	4
22.	Noticeable difference in your muscle function or strength from one side to the other	0	1	2	3	4
23.	Noticeable difference in your muscle tightness from one side to the other	0	1	2	3	4
	ntal Lobe Broca's Motor Speech a (Area 44 and 45)		1	.eve	∍l	
24.	Difficulty producing words verbally, especially when fatigued	0	1	2	3	4
25.	Find the actual act of speaking difficult at times	0	1	2	3	4
26.	Notice word pronunciation and speaking fluency change at times	0	1	2	3	4
and	ietal Somatosensory Area I Parietal Superior Lobule eas 3,1,2 and 7)		1	.eve	əl	
27.	Difficulty in perception of position of limbs	0	1	2	3	4
28.	Difficulty with spatial awareness when moving, laying back in a chair, or leaning against a wall	0	1	2	3	4
29.	Frequently bumping body or limbs into the wall or objects accidently	0	1	2	3	4
30.	Reoccurring injury in the same body part or side of the body	0	1	2	3	4
31.	Hypersensitivities to touch or pain perception	0	1	2	3	4



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	etal Inferior Lobule a 39 and 40)			L	eve	əl			
32.	Right/left confusion	L	0	1	2	3	4		
33.	Difficulty with math calculations	0	1	2	3	4			
34.	Difficulty finding words	L	0	1	2	3	4		
35.	Difficulty with writing	L	0	1	2	3	4		
36.	Difficulty recognizing symbols or shapes	R	0	1	2	3	4 .		
37.	Difficulty with simple drawings	R	0	1	2	3	4		
38.	Difficulty interpreting maps	R	0	1	2	3	4		
	Temporal Lobe Auditory Cortex (Areas 41, 42)				Level				
39.	Reduced function in overall hearing		0	1	2	3	4		
40.	Difficulty interpreting speech wit background or scatter noise	h .	0	1	2	3	4		
41.	Difficulty comprehending langua without perfect pronunciation	age	0	1	2	3	4		
42.	Need to look at someone's mouth when they are speaking to understand what they are saying		0	4	2	3	4		
43.	Difficulty in localizing sound		0	1	2	3	4		
44.	Dislike of left predictable rhythm repeated tempo and beat music		0	1	2	3	4		
45.	Dislike of non-predictable rhythn with multiple instruments	nic R	0	1	2	3	4		
46.	Noticeable ear preference when using your phone			right, left, no preference					
	nporal Lobe Auditory Association tex (Area 22)	:		L	.eve	əl			
47.	Difficulty comprehending meaning of spoken words	L	0	1	2	3	4		
48.	Tend toward monotone speech without fluctuations or emotions	R	0	1	2	3	4		

	dial Temporal lobe and			L	eve	el	
49.	Memory less efficient		0	1	2	3	4
50.	Memory loss that impacts daily activities		0	1	2	3	4
51.	Confusion about dates, the passage of time, or place		0	1	2	3	4
52.	Difficulty remembering events		0	1	2	3	4
53.	Misplacement of things and difficulty retracing steps		0	1	2	3	4
54.	Difficulty with memory of locations (addresses)	R	0	1	2	3	4
55.	Difficulty with visual memory	R	0	1	2	3	4
56.	Always forgetting where you put items such as keys, wallet, phone, etc.	R	0	1	2	3	4
57.	Difficulty remembering faces	R	0	1	2	3	4
58.	Difficulty remembering names with faces	L	0	1	2	3	4
59.	Difficulty with remembering words	L	0	1	2	3	4
60.	Difficulty remembering numbers	L	0	1	2	3	4
61.	Difficulty remembering to stay or be on time (reduced left)	L	0	1	2	3	4
	- cipital Lobe ea, 17, 18, and 19)			L	_eve	əl	
62.	Difficulty in discriminating similar shades of color		0	1	2	3	4
63.	Dullness of colors in visual field		0	1	2	3	4
64.	Difficulty coordinating visual inpu and hand movements, resulting i an inability to efficiently reach ou for objects	n	0	1	2	3	4
66.	Floater or halos in visual field		0	1	2	3	4

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Cer	ebellum - Spinocerebellum	Level	82. Cramping of hands when writing	0 1 2 3 4
67.	Difficulty with balance, or balance	0 1 2 3 4	83. A stooped posture when walking	0 1 2 3 4
	that is worse on one side	0 1 2 3 4	84. Voice has become softer	0 1 2 3 4
68.	A need to hold the handrail or watch each step carefully when going down stairs	0 1 2 3 4	85. Facial expression changed leading people to frequently ask if you are upset or angry	0 1 2 3 4
69.	Feeling unsteady and prone to falling in the dark	0 1 2 3 4	Basal Ganglia Indirect Pathway	Level
70.	Proness to sway to one side when walking or standing	0 1 2 3 4	86. Uncontrollable muscle movements  87. Intense need to clear your throat	0 1 2 3 4
Cer	ebellum - Cerebrocerebellum	Level	regularly or contract a group of muscles	0 1 2 3 4
71.	Recent clumsiness in hands	0 1 2 3 4	88. Obsessive compulsive tendencies	0 1 2 3 4
72.	Recent clumsiness in feet or frequent tripping	0 1 2 3 4	89. Constant nervousness and restless mind	0 1 2 3 4
73.	A slight hand shake when reaching for something at the end of movement	0 1 2 3 4	Autonomic Reduced Parasympathetic Activity	Level
Cer	rebellum - Vestibulocerebellum	l evel	90. Dry mouth or eyes	0 1 2 3 4
74.	Episodes of dizziness or disorientation	0 1 2 3 4	91. Difficulty swallowing supplements or large bites of food	0 1 2 3 4
75.	Back muscles that tire quickly	0 1 2 3 4	92. Slow bowel movements and tendency for constipation	0 1 2 3 4
70	when standing or walking		93. Chronic digestive complaints	0 1 2 3 4
76.	Chronic neck or back muscle tightness	0 1 2 3 4	94. Bowel or bladder incontinence resulting in staining your	0 1 2 3 4
. 77.	Nausea, car sickness, or sea sickness	0 1 2 3 4	underwear	
78.	Feeling of disorientation or shifting of the environment	0 1 2 3 4	Autonomic Increased Sympathetic Activity	Level
79.		0 1 2 3 4	95. Tendency for anxiety	0 1 2 3 4
	sal Ganglia Direct Pathway	Level	96. Easily startled	0 1 2 3 4
80.	Slowness in movements	0 1 2 3 4	97. Difficulty relaxing	0 1 2 3 4
81.	Stiffness in your muscles	0 1 2 0 4	98. Sensitive to bright or flashing lights	0 1 2 3 4
01.	(not joints) that goes away when	0 1 2 3 4	99. Episodes of racing heart	0 1 2 3 4
	you move		100. Difficulty sleeping	01234