

SUBJECTIVE RE-EVALUATION UPDATE

Please describe your pain; check all appropriate and indicate area.

Example: X Stabbing: neck ; X Numbness: rt. arm, Little finger.

Stabbing: _____ Burning: _____ Numbness: _____
 Tender: _____ Pins & Needles _____ Aching: _____
 Throbbing: _____ Dull: _____ Itching: _____
 Partial loss of feeling: _____ Total loss of feeling: _____

FREQUENCY OF PAIN

Constant, Always, Most of the Time
 Intermittent _____ indicate what percent of the time _____ %

Please rate your Intensity of pain on a scale of 0-10. 0(no pain)-- 10(excruciating).
Note appropriate area, circle appropriate number.

- Area _____ 0,1,2,3,4,5,6,7,8,9,10.
- Area _____ 0,1,2,3,4,5,6,7,8,9,10.
- Area _____ 0,1,2,3,4,5,6,7,8,9,10.

In reference to the following descriptions, check appropriate column as to what activities increase or decrease your symptoms.

	Increase	Decrease
With a cough	_____	_____
Sitting down	_____	_____
Driving an automobile	_____	_____
Bending over to brush teeth	_____	_____
Walking	_____	_____
Lying flat on back	_____	_____
Lying on stomach	_____	_____
Lying on side with knees bent	_____	_____
Upon awakening in morning	_____	_____
At the end of the day	_____	_____
In the middle of the night	_____	_____

Please list any other activities which increase or decrease you symptoms not listed above. _____

How do you rate your recovery in a percentage figure. 0-no change from initial visit, and 100-total and complete recovery. _____ %

Have you experienced any new complaints or problems since your last examination? _____ If Yes, please describe.

Rate your level of understanding of: 0 (None) to 10 (Full).

- Chiropractic 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10
- Subluxation 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10
- Adjustment 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10
- Stabilization 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10
- Maintenance 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10
- Health 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Date _____ 20 _____

Name _____