



Gary M. McDowell, D.C.
Certified Chiropractic Sports Practitioner
Qualified Medical Evaluator

Personal

Name: Gary Michael McDowell

Place of Birth: Wichita Falls, Texas

Residence: Resident of San Diego since 1964; currently residing in Alpine, California.

Practice Name: McDowell Family Chiropractic, Inc.

Address: 8300 University Ave, La Mesa, California 91942

Phone: 619-670-7700

Education

- Graduate of Palmer College of Chiropractic West (December 1987)
- Doctor of Chiropractic Degree (January 1989)
- Qualified Medical Evaluator (October 1999)
- Certified Chiropractic Sports Physician (November 2002)

License

- Licensed by the State of California, California State Board of Chiropractic Examiners (License No. DC 19534)
- Malpractice Carrier: N.C.M.I.C.

Professional Associations

- California Chiropractic Association
- San Diego County Chiropractic Society
- Parker Chiropractic Foundation

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mcdowellfamilychiropractic.com

Strive For Excellence



Gary McDowell D.C., Q.M.E., C.C.S.P.
Chiropractic Physician

Honors, Awards & Certifications

Qualified Medical Evaluator, State of California Industrial Medical Council: Certified in 1999.

Qualified Medical Evaluator Reappointment 2000 through 2026.

Certified Chiropractic Sports Physician certification in 2002.

Certified Chiropractic Sports Physician Reappointment 2003 through 2026.

Distinguished Services Award: San Diego County Chiropractic Society in 1993.

Outstanding New D.C. Award: San Diego Chiropractic Society for 1990/1991.

C.P.R. Certification: Certified for adult and child resuscitation.

Firestorm 2003 Awards (July 2004):

- California State Senate Award
- California Legislature Assembly Award
- Congressional Award
- San Diego County Board of Supervisors Award
- San Diego Community Award
- Harbison Canyon Community Board Award

Professional and Community Positions

- Member, East County Chamber of Commerce (2011–2013)
- Government Liaison and Treasurer, Harbison Canyon Fire Relief (2003–2004)
- Treasurer, San Diego Chiropractic Society (1995–1996)
- Chairman, Chiropractic Education Seminar Committee (1995–1996)
- Director, San Diego Chiropractic Society (1994; 1990–1992)
- Secretary, San Diego Chiropractic Society (1993)
- Free Weight and Nautilus Instructor (1988–1989)
- President, PCC-W Sports Injury and Management Club (1987)
- Lecturer, PCC-W Community Outreach and Public Education Program (1987)
- Lecturer and Instructor, PCC-W Student Seminars on Extremity Adjustments (1987)
- Technical Instructor, PCC-W Film Productions (1985–1987)
- Head Wrestling Coach, University City High School (1982–1983)

Continuing Education

2025

- November 2025 — Nutrition Response Testing course in San Diego, CA (8 hours).
- August 2025 — CALCHIRO QME Certification in Anaheim, California (13 hours).

2024

- August 2024 — CSIMS MEDLAW TRICON 2024 in Coronado, CA (6 hours).
- August 2024 — AME CME, Anti-bias Education in Coronado, CA (2 hours).
- August 2024 — AME CME Law & Ethics Education in Coronado, CA (1.5 hours).
- May 2024 — CALCHIRO Sports Symposium 2024 in Long Beach, CA.
- March 2024 — Radiology Case Studies with Cliff Tao, D.C. (2 hours).
- March 2024 — Additional Radiology Case Studies with Cliff Tao, D.C. (4 hours).

2023

- November 2023 — ACAS Technique/Ethics/X-Ray Technique in Oceanside, CA (12 hours).
- October 2023 — ACAS Philosophy in Oceanside, CA (12 hours).

2022

- December 2022 — University of Bridgeport Posture Rehab & MCE Parts 1-4 (12 hours).
- November 2022 — CALCHIRO Medicare Updates for 2023 (2 hours).
- September 2022 — CALCHIRO Fall Conference "CE by the Sea" in La Jolla, CA (10 hours).

2021

- December 2021 — CALCHIRO Ethics & Law Distance Learning (12 hours).
- November 2021 — Diagnostic Testing Distance Learning (12 hours), X-Ray Cervical & Lumbar Spine.
- August 2021 — QME CEU AMA Guide 5th Edition (12 hours); Upper Extremity Review and key elements of the QME Exam.

2020

- October 2020 — CAL Chiro Fall Virtual Conference Webinar (24 hours).

2019

- December 2019 — International Chiropractors Association 12-Hour Seminar in Los Angeles, covering Adjustment Techniques, Ethics & Law, History Taking, and Physical Exam Procedures.
- October 2019 — 34th Annual CSIMS Conference; QME and Treatment Issues, San Diego.

2018

- October 2018 — CCA Common Radiographic Diagnoses in Chiropractic Practice.
- October 2018 — CCA Clinical Neuroscience for Practicing Chiropractor, including Hip Driven Correctives for Forward Head Posture & Spinal Curvature, Inflammation, Food Sensitivities, Hormones, and Chiropractic Care.
- October 2018 — CCA Back to Basics QME Re-certification Program; Personal Injury Law & Regulation Update for 2019.

2017

- June 2017 — CCA Convention; QME Certification, Radiology, and Adjusting Techniques.

2016

- June 2016 — CCA Convention; QME Certification, Radiology, Ethics, and Personal Injury.

2015

- May 2015 — CCA Annual Convention & Exposition.
- May 2015 -- QME Recertification.

2014

- November 2014 – QME Recertification.
- May 2014 — CCA Annual Convention & Exposition.

2013

- October 2013 — QME Re-certification Program.
- October 2013 — Golf Injury and Adjustive Techniques.
- October 2013 — Right in Your Back-Yard Seminar in San Diego.
- May 2013 — CCA Annual Convention & Exposition.

2012

- November 2012 — Fall 2012 Seminar, Orange County.
- May 2012 — CCA Annual Convention & Exposition.

2011

- October 2011 — Right in Your Own Back Yard Seminar, San Diego.
- August 2011 — MTUS Issues: Supporting Treatment Recommendations and Impairment.
- August 2011 — AMA Guideline Issues; Almaraz/Guzman, Chapters 1 and 2: Combining, Adding, and Rating by Analogy.
- August 2011 — Apportionment: Reasonable Application to Common Body Parts.
- August 2011 — New QME Regulations Approved in 2009 and Their Impact on QMEs.
- August 2011 — History and Examination Techniques to Support Opinions with Medical Probability.

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Chiropractic Physician

- August 2011 — Changes in Workers' Compensation and Current Writing Protocols.
- January 2011 — QME Re-Licensing.
- January 2011 — Radiology Recertification.
- January 2011 — Thompson Technique.
- January 2011 — Right in Your Own Back Yard Seminar.

2010

- April 2010 — Medicare Essentials Teleseminar.
- January 2010 — QME Recertification.
- January 2010 — Radiologic Recertification.
- January 2010 — Diversified Adjustive Technique.

2009

- January 2009 — QME Recertification.
- January 2009 — Radiologic Recertification.
- January 2009 — Diversified Adjustive Technique.

2008

- June 2008 — California Chiropractic Association Re-Licensing Seminar, including QME and Adjustive Technique.

2007

- June 2007 — Cervical Spine Adjusting & Vertebral Artery Issues.
- June 2007 — Adjustive Technique.
- June 2007 — Summer Convention & Exposition.

2006

- June 2006 — CCA Adjustive Technique.
- June 2006 — CCA Treating Carbohydrate Addiction.
- June 2006 — CCA Radiology.
- June 2006 — QME Recertification.
- June 2006 — CCA Summer Convention & Exposition.
- June 2006 — CCA Wellness Presentation.

2005

- November 2005 — CCA Radiology Review.
- November 2005 — CCA Diversified Adjustive Technique.
- November 2005 — CCA Evidence Based Medicine.
- November 2005 — CCA Fall Convention & Exposition.
- August 2005 — 12-Hour Reporting Writing.

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2004

- June 2004 — Summer Convention & Exposition.
- June 2004 — CCA Practical Radiology Review.
- June 2004 — CCA QME Recertification Program.
- June 2004 — CCA Vectors of Impact and Injury Patterns.
- June 2004 — CCA Adjustive Techniques.
- August 2004 — Annual Parker Professional Management Seminars.
- August 2004 — CCA-CSIMS Disability Evaluation Report Writing Course.
- June 2004 — CCA/QME Recertification, Radiology, Personal Injury, Physical Therapy, plus Activator and Lower Extremity Adjustive Techniques.

2003

- November 2003 — CCA/Cervical, Thoracic, Lumbar, and Extremity Radiology Certification.
- September 2003 — Disability Evaluation Report Writing — CSIMS and CCA.
- July 2003 — Golf Related Injuries.

2002

- July 2002 — Golf Related Injuries.
- March 2002 — CCSP/Emergency Procedures.
- February 2002 — QME/Basic Workers Compensation Concepts of Report Writing.

2001

- June 2001 — California Chiropractic Association/Advanced Medical Report Writing.
- June 2001 — Summer Convention and Exposition; Extremity Adjustment.

2000

- June 2000 — Whiplash Seminar.

1999

- August 1999 — Whiplash Seminar.
- March 1999 — CCSP/Exercise Physiology.
- February 1999 — CCSP/Injuries to the Tibia, Fibula, Ankle, and Foot; Athletic Taping.

1998

- December 1998 — CCSP/Injuries to the Knee.
- November 1998 — CCSP/Injuries to the Elbow, Wrist & Hand; Groin, Hip & Foot.
- October 1998 — CCSP/Adjustment Procedures of the Extremities.
- September 1998 — CCSP/Injuries to the Shoulder.
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- August 1998 — CCSP/Pre-participation Physical Evaluation & Sports Trauma Radiography.
- August 1998 — CCSP/Non-Emergency Spinal Condition & Sports Physiotherapeutic.
- June 1998 — CCSP/Emergency Treatment of the Athlete Recreations.
- April 1998 — Impairment Rating/Disability Evaluation II.
- March 1998 — Impairment Rating/Disability Evaluation I.
- February 1998 — Upper Extremities.
- February 1998 — Jurisprudence & Reporting.

1997

- February 1997 — Musculoskeletal/Lower Extremities.

1996

- February 1996 — Basic Workers' Compensation and Disability C.C.A.

1995

- December 1995 — Basic Workers' Compensation and Disability C.C.A.

1994

- October 1994 — San Diego Connection Seminar by the San Diego Chiropractic Health Foundation.
- February 1994 — CCF/HSF Winter Conference.

1993

- January 1993 — CCF/HSF Winter Conference.

1990

- December 1990 — Head & Neck Pain from the Temporomandibular Joint and its Interaction with the Cervical Spine.
- February 1990 — Upper Extremities.

1987

- October 1987 — A Target Approach to Spinal Radiology: A New Perspective on the Seven Wonders of the Spine.