

GARY M. MCDOWELL, D.C.

SKILLS

We provide exceptionally caring service by utilizing the most professional and current research, procedures and modalities available.

EXPERIENCE

**Solo Practitioner | McDowell Family Chiropractic
1989 - Present**

As a Chiropractor I have been blessed to fill many roles in my private practice – I maintain a constant degree of professionalism while providing compassionate guidance, encouragement, and direction to help my patients find their personal wellness. As a member of their healthcare team, I help guide them on their journey to achieving or maintaining a happier, more fulfilled life.

EDUCATION

**Certified Chiropractic Sports Physician | 2002
Qualified Medical Evaluator | 1999
Licensed Doctor of Chiropractic | Jan 1989
Doctor of Chiropractic | 1987 | Palmer College of
Chiropractic West**

LICENSURE

**State of California – California State Board of
Chiropractic Examiners | DC019534
Malpractice Carrier N.C.M.I.C.**

OBJECTIVE

To serve and educate those in need of chiropractic care. To facilitate the healing of the human body with understanding, ingenuity, motivation, kindness and integrity.

LIVE LIFE WELL



619-670-7700



drgary@mcdowellchiro.com

PROFESSIONAL ASSOCIATIONS

**California Chiropractic Association
San Diego County Chiropractic
Society
Parker Chiropractic Foundation
Director East County Y.M.C.A.**

CONTINUING EDUCATION

- 10/18 – CCA Common Radiographic Diagnoses in Chiropractic Practice
- 10/18 – CCA Clinical Neuroscience for the Practicing Chiropractor, Hip Driven Correctives for Correctives for Forward Head Posture & Spinal Curvature, Inflammation, Food Sensitivities, Hormones and Chiropractic Care
- 10/18 – CCA Back to Basics QME Re-certification Program, Personal Injury Law & Regulation Update for 2019
- 06/17 – 2017 CCA Convention & Marketplace, QME Certification, Radiology, and Adjusting Techniques
- 06/16 – 2016 CCA Convention & Marketplace, QME Certification, Radiology, Ethics, and Personal Injury
- 05/15 – 2015 CCA Annual Convention & Exposition
- 05/15- QME Recertification
- 05/15 - 2015 CCA Annual Convention & Exposition
- 10/14 - QME Recertification
- 05/14 – 2014 CCA Annual Convention & Exposition
- 10/13 - QME Re-certification Program
- 10/13 – Golf Injury, Adjustive Techniques
- 10/13 – Right in Your Back-Yard Seminar – San Diego
- 05/13 – 2013 CCA Annual Convention & Exposition
- 11/12 – Fall 2012 Nov 17-18 Orange County
- 11/12 – PQRS
- 05/12 – CCA Annual Convention & Exposition
- 10/11 – Right in Your Own Back Yard 2011/Oct 8-9 San Diego
- 08/11 – MTUS Issues – Supporting Treatment Recommendations, Impairment
- 08/11 – AMA Guideline Issues; Almaraz/Guzman, Chapters 1 and 2. When to Combine, Add, And Rate by Analogy.
- 08/11 – Apportionment: Reasonable Application to Common Body Parts
- 08/11 – New QME Regulations Approved in 2009 and How They Affect QMEs.
- 08/11 – History and Examination Techniques to Support Opinions with Medical Probability
- 08/11 – Changes in Workers' Compensation and Current Writing Protocols
- 01/11 – QME Re-Licensing
- 01/11 – Radiology Recertification
- 01/11 – Thompson Technique
- 01/11 – Seminar 5 – San Diego
- 01/11 – Right in Your Own Back Yard Seminar
- 04/10 – Medicare Essentials _ Teleseminar
- 01/10 – QME Recertification
- 01/10 – Radiologic Recertification
- 01/10 – Diversified Adjustive Technique
- 01/09 – QME Recertification
- 01/09 – Radiologic Recertification
- 01/09 – Diversified Adjustive Technique
- 01/09 – Seminar 9 – San Diego
- 06/08 – California Chiropractic Association Re-Licensing Seminar Including QME & Adjustive Technique
- 06/08 – Seminar 10 - Riverside
- 06/07 – Cervical Spine Adjusting & Vertebral Artery Issues
- 06/07 – Adjustive Technique
- 06/07 – Summer Convention & Exposition

06/06 - CCA Adjustive Technique
 06/06 - CCA Treating Carbohydrate Addiction
 06/06 - CCA Radiology
 06/06 – QME Recertification
 06/06 – CCA Summer Convention & Exposition
 06/06 – Radiology
 06/06 - CCA Wellness Presentation
 11/05 - CCA Radiology Review
 11/05 - CCA Diversified Adjustive Technique
 11/05 - CCA Evidence Based Medicine
 11/05 – CCA Fall Convention & Exposition
 08/05 – 12-Hour Reporting Writing
 06/04 – Summer Convention & Exposition
 06/04 - CCA Practical Radiology Review
 06/04 - CCA QME Recertification Program
 06/04 - CCA Vectors of Impact and Injury Patterns
 06/04 - CCA Adjustive Techniques
 1989-2004 - Annual Parker Professional Management Seminars
 08/04 - CCA-CSIMS Disability Evaluation Report Writing Course
 06/04 - CCA/QME Recertification, Radiology, Personal Injury, Physical Therapy Plus Activator,
 and Lower Extremity Adjustive Techniques.
 11/03 - CCA/Cervical, Thoracic, Lumbar, and Extremity Radiology Certification
 09/03 - Disability Evaluation Report Writing, CSIMS and CCA
 07/03 - Golf Related Injuries
 07/02 - Golf Related Injuries
 03/02 - CCSP/Emergency Procedures
 02/02 - QME/Basic Workers Compensation Concepts of Report Writing
 06/01 - California Chiropractic Association/Advanced Medical Report Writing
 06/01 - Summer Convention and Exposition
 12/01 - Extremity Adjustment
 06/00 - Whiplash Seminar
 08/99 - Whiplash Seminar
 03/99 - CCSP/Exercise Physiology
 02/99 - CCSP/Injuries to the Tibia, Fibula, Ankle and Foot
 01/99 - Athletic Taping
 12/98 - CCSP/Injuries to the Knee
 11/98 - CCSP/Injuries to the Elbow, Wrist & Hand/Groin, Hip & Foot
 10/98 - CCSP/Adjustment Procedures of the Extremities
 09/98 - CCSP/Injuries to the Shoulder
 08/98 - CCSP/Pre-participation Physical Evaluation & Sports Trauma Radiography
 08/98 - CCSP/Non-Emergency spinal Condition & sports physiotherapeutic
 06/98 - CCSP/Emergency Treatment of the Athlete Recreations
 04/98 - Impairment Rating/Disability Evaluation II
 03/98 - Impairment Rating/Disability Evaluation I
 02/98 - Upper Extremities
 02/98 - Jurisprudence & Reporting
 02/97 - Musculoskeletal/Lower extremities
 02/96 - Basic Workers Compensation and Disability C.C.A.
 12/95 - Basic Workers Compensation and Disability C.C.A.
 10/94 - San Diego Connection Seminar by the San Diego Chiropractic Health Foundation
 02/94 - CCF/HSF Winter Conference
 01/93 - CCF/HSF Winter Conference
 12/90 - Head & Neck Pain from the Temporomandibular Joint and its Interaction with the
 Cervical Spine
 02/90 - Upper extremities
 10/87 - A target approach to Spinal Radiology - A new prospective to seven wonders on the
 spine

ACCOLADES

HONORS AND AWARDS

Qualified Medical Evaluator Reappointment – 2000 thru 2019
Certified Chiropractic Sports Physician Reappointment – 2003 thru 2019
California State Senate Award, Firestorm 2003 – 07/2004
California Legislature Assembly Award, Firestorm 2003 – 07/2004
Congressional Award, Firestorm 2003 – 07/2004
San Diego County Board of Supervisors Award, Firestorm 2003 – 07/2004
San Diego Community Award, Firestorm 2003 – 07/2004
Harbison Canyon Community Board Award, Firestorm 2003 – 07/2004
Certified Chiropractic Sports Physician – 2002
Qualified Medical Evaluator, State of California Industrial Medical Council – 1999
Distinguished Services Award, San Diego County Chiropractic Society – 1993
Outstanding New D.C. Award, San Diego Chiropractic Society – 1990/1991
C.P.R Certification – Adult/Child

PAST PROFESSIONAL & COMMUNITY POSITIONS

East County Chamber of Commerce – 2011/2012/2013
Government Liaison and Treasurer, Harbison Canyon Fire Relief – 2003/2004
Treasurer of San Diego Chiropractic Society – 1995/1996
Chairman of the Chiropractic Education Seminar Committee – 1995/1996
Director of San Diego Chiropractic Society - 1994
Secretary of San Diego Chiropractic Society – 1993
Director of San Diego Chiropractic Society – 1990/1991/1992
Free weight and Nautilus instructor – 1988/1989
President of PCC-W Sports Injury and Management Club - 1987
Lecturer for PCC-W Community Outreach and Public Education Program – 1987
Lecturer and Instructor for PCC-W, student seminars pertaining to extremity adjustments – 1987
Technical Instructor of PCC-W film productions – 1985/1986/1987
Head Wrestling Coach- University City High School – 1982/1983
Little League Baseball Coach
AYSO Soccer Coach