



## Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

How did you hear about us/whom may we thank for referring you?

# ADVANCED WELLNESS & SPORTS REHAB, PA

## PATIENT CONDITION

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Primary Complaint(s): \_\_\_\_\_

Date you first noticed symptoms: \_\_\_\_\_ Describe how symptoms began: \_\_\_\_\_

Have you experienced this before? ☐ Yes ☐ No If yes, when? \_\_\_\_\_

How often do you have these symptoms?

- ☐ Constantly (76%-100% of the day)
- ☐ Frequently (51%-75% of the day)
- ☐ Occasionally (26%-50% of the day)
- ☐ Intermittently (0%-25% of the day)

How would you describe the quality of symptoms?

- ☐ Sharp    ☐ Shooting    ☐ Stabbing    ☐ Weakness  
☐ Dull    ☐ Burning    ☐ Stiffness    ☐ Throbbing  
☐ Numb    ☐ Tingling    ☐ Cramps    ☐ Achy

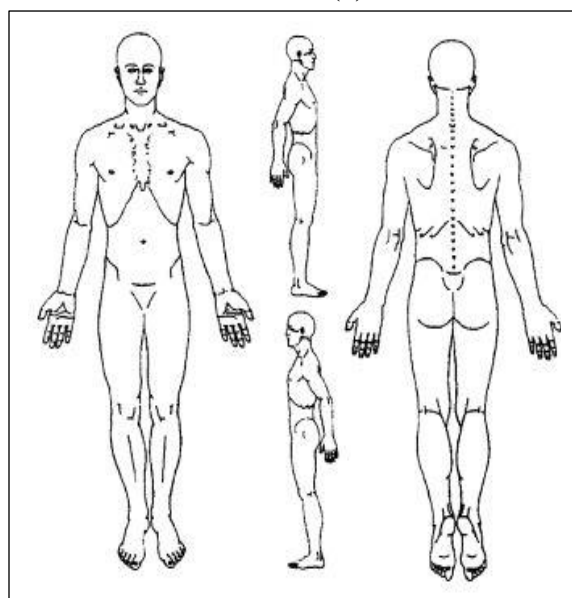
How have you symptoms changed since onset?

- ☐
- Getting Better
- ☐
- Getting Worse
- ☐
- No Change

How would you rate your symptoms at best/worst:

	None										Unbearable	
Best:	0	1	2	3	4	5	6	7	8	9	10	
Worst:	0	1	2	3	4	5	6	7	8	9	10	

**PLEASE INDICATE AREA(S) OF COMPLAINT**



How do your symptoms affect your ability to perform daily activities?

0	1	2	3	4	5	6	7	8	9	10
No Complaints		Mild, forgotten with activity		Moderate, interferes with activity		Limiting, prevents full activity		Significant, preoccupied with seeking relief		Severe, activity is impossible

What worsens symptoms? \_\_\_\_\_

What improves symptoms? \_\_\_\_\_

Have you seen any other healthcare professional for this condition? ☐ Yes ☐ No If yes, please provide:

Provider Name:

Address:

Date:

Did you have any imaging (x-ray,CT, MRI) or lab testing? ☐ Yes ☐ No Describe: \_\_\_\_\_

Have you received chiropractic care in the past? ☐ Yes ☐ No Please list:

Provider Name:

Address:

Date:

# ADVANCED WELLNESS & SPORTS REHAB, PA

## HEALTH HISTORY

Patient Name: \_\_\_\_\_

<table border="0"> <tr><th>Past</th><th>Current</th><th></th></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Headache</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Neck Pain</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Upper/Mid Back Pain</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Low Back Pain</td></tr> <tr><td colspan="3"> </td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Shoulder Pain</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Arm Pain - Numbness</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Wrist Pain - Numbness</td></tr> <tr><td><input type="checkbox"/></td><td><input type="checkbox"/></td><td>Hand Pain - Numbness</td></tr> <tr><td colspan="3"> </td></tr> <tr><td><input type="checkbox"/></td><td><input 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Additional Information/Other Conditions: \_\_\_\_\_

Family History (Arthritis, Cancer, Diabetes, Heart Disease, other): \_\_\_\_\_

Medications and Supplements: \_\_\_\_\_

## EXERCISE

## HABITS

Previous Major Injuries: \_\_\_\_\_

- ☐ None  
☐ Light  
☐ Moderate  
☐ Heavy

- ☐ Smoking Packs/Day: \_\_\_\_\_  
☐ Alcohol Drinks/Week: \_\_\_\_\_  
☐ Caffeine Cups/Day: \_\_\_\_\_

Previous Surgeries: \_\_\_\_\_

Previous Accidents (Auto/Other): \_\_\_\_\_

Goals from this treatment: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_