



Corona Virus Update 3/30/20

Dear Patients,

As the COVID-19 pandemic evolves around the world and starts to affect our daily life in Kona, we want you to know that we are here to support your health needs in these trying times. Here are some helpful tips to stay healthy. Please try to stay calm and not panic during these trying times. Find safe ways to enjoy yourself and try to normalize your life. Make sure that you have adequate sleep and maintain a healthy diet to keep your immune system functioning at its best. We are here to help you, please know that we are taking these extra steps to keep you and our staff safe while you are in our office.

- 1.) We are disinfecting all surfaces that are touched frequently after each patient visit. This includes our hands, the front desk, door handles, treatment tables, etc..
- 2.) We are spreading out appointments to reduce multi-patient interactions in our reception area.
- 3.) We are asking all patients who feel sick (fever, coughing, shortness of breath, nausea, diarrhea) to cancel their appointment and see their PCP for an evaluation. Chiropractors have been given authorization to refer patients to be tested for COVID 19 in the State of Hawaii. Please let the doctor know if you are symptomatic. If you do not have a PCP and would like to be tested for the COVID-19 virus and the doctor will make arrangements to refer you out for testing.
- 4.) Please feel free to use our Germicide spray on your hands before and/ or after your visits in our office. It is recommended by the EPA to kill the Corona virus.
- 5.) Please remove your shoes or slippers while you are being treated.
- 6.) We are wearing face masks during your treatment.

Thank you,

Tod Ichishita, DC