



Patient Information

Date: _____

Name _____ How did you hear about us? _____
SSN _____ Date of Birth _____ Age _____ Gender: M F
Address _____ City _____ State _____ Zip _____ Marital Status _____
Home or Cell Phone _____ Email _____ # Children _____
Occupation _____ Employer _____ Work Phone _____
Spouse's Name _____ Parent's Names (if you are under 18) _____
Name of Health Insurance Company _____
ID/Policy # _____ Group # _____ Insured's Name _____
Do you have secondary/supplemental health insurance? ☐ Yes ☐ No Company _____

If you have insurance, please present your card(s) to the office manager for processing.

My goal for consulting with the doctor: ☐ Temporary Relief ☐ Lasting Correction ☐ Let doctor recommend best type of care

Describe your major complaint: _____

Timing: 0-25% 26-50% 51-75% 76-100%

When did your symptoms begin? _____ Have you had similar symptoms in the past? ☐ Yes ☐ No

How did your symptoms begin? ☐ Work Injury ☐ Auto Accident ☐ Other (describe): _____

*If from a personal injury or auto accident, please fill out Personal Injury Questionnaire

Progression (circle): Improving Not-Improving Worsening What makes it worse? _____

Describe: Sharp Shooting Achy Burning Numb Tingling What makes it better? _____

How severe are the symptoms on a scale of 1-10?(circle) NONE -1 2 3 4 5 6 7 8 9 10-WORST

In general, how would you rate your current overall health? Excellent Very Good Good Fair Poor

Has it affected your ability to work or do housework? ☐ Yes ☐ No How many days off from work/housework? _____

What activity would you like to be able to do again that is difficult or that you cannot do now? _____

What are your favorite hobbies or activities? _____ Currently Affected? ☐ Yes ☐ No

Have you seen a Chiropractor in the Past? ☐ Yes ☐ No if yes, when was your most recent visit? _____

Why did you see the Chiropractor? _____ Doctor's Name? _____

What frequency was prescribed for your care? _____

When was your most recent set of spinal x-rays? _____

Have you had any MRI's or CT scans? Y N If yes, when and where? _____

Who is your Primary Medical Physician? _____ Clinic Phone Number _____



HEALTH HISTORY - Please read through the list and check the box next to each condition that applies to you.

Last known: Height _____ Weight _____ Blood Pressure _____ / _____

Do you have an exercise routine? If so, please explain _____

Are you pregnant? ☐ Yes ☐ No

How is your diet? _____

Musculoskeletal - General

Now Past

- ☐ ☐ Degenerative arthritis
- ☐ ☐ Rheumatoid arthritis or Gout
- ☐ ☐ Compression fracture
- ☐ ☐ Osteomyelitis
- ☐ ☐ Osteoporosis

Musculoskeletal Spine

Now Past

- ☐ ☐ Poor Posture
- ☐ ☐ Disc injury
- ☐ ☐ Neck problem
- ☐ ☐ Mid-back problem
- ☐ ☐ Low back problem
- ☐ ☐ Scoliosis
- ☐ ☐ Ankylosing spondylitis
- ☐ ☐ Difficulty swallowing because of neck pain
- ☐ ☐ Pain or electric shocks in arms or legs on moving neck

Musculoskeletal Extremity

Now Past

- ☐ ☐ Hip or sacroiliac problem L R
- ☐ ☐ Leg, Knee, ankle or foot L R problem
- ☐ ☐ Shoulder problem L R
- ☐ ☐ Arm, elbow, hand problem L R
- ☐ ☐ Rib or chest pain

Nervous System

Now Past

- ☐ ☐ Headaches or migraines
- ☐ ☐ Tingling or numbness of arms, legs, hands or feet
- ☐ ☐ Pinched nerve or sciatica
- ☐ ☐ Poor balance
- ☐ ☐ Depression or Anxiety
- ☐ ☐ Difficulty dealing with stress
- ☐ ☐ Dizziness or vertigo
- ☐ ☐ Learning disorder or hyperactivity (ADD/ADHD)
- ☐ ☐ Seizures/Epilepsy
- ☐ ☐ Recent progressive muscle weakness or shaking
- ☐ ☐ Numbness of inner thighs/groin

EENT

Now Past

- ☐ ☐ Jaw, TMJ or mouth problem
- ☐ ☐ Visual problems
- ☐ ☐ Ear problems, infections or ringing
- ☐ ☐ Chronic sinus problems
- ☐ ☐ Face pain

GI/GU/Endocrine

Now Past

- ☐ ☐ Abdominal pain
- ☐ ☐ Constipation/Diarrhea
- ☐ ☐ Heartburn/Acid Reflux/Ulcers
- ☐ ☐ Uncontrolled Bladder or Bowel
- ☐ ☐ Inflammatory bowel disease
- ☐ ☐ Liver or gallbladder problems
- ☐ ☐ Menstrual problems or PMS
- ☐ ☐ Menopause symptoms
- ☐ ☐ Difficulty getting/staying pregnant/other

Cardio-Pulmonary

Now Past

- ☐ ☐ Pacemaker or implanted device
- ☐ ☐ Breathing trouble or Asthma
- ☐ ☐ High blood pressure
- ☐ ☐ History of stroke or aneurysm

Medication-Related Issues

Now Past

- ☐ ☐ Medication dependence
- ☐ ☐ Drug or Vaccination reaction
- ☐ ☐ Current drug side-effects
- ☐ ☐ Immune suppression treatment or disorder from chemotherapy, organ transplant, drug, etc.
- ☐ ☐ 3 or more months of steroid medications or intravenous drugs (past or present)

Injuries and General

Now Past

- ☐ ☐ Car crash/whiplash injuries
- ☐ ☐ Work injuries
- ☐ ☐ Ergonomic stress at work
- ☐ ☐ Sports injuries
- ☐ ☐ Smoking habit: How much/day? _____
- ☐ ☐ Drug or alcohol dependence or recovering
- ☐ ☐ Psoriasis or psoriatic arthritis
- ☐ ☐ Unexplained weight loss
- ☐ ☐ Sleeping trouble
- ☐ ☐ Get sick a lot/poor immune function
- ☐ ☐ Fibromyalgia / Chronic fatigue
- ☐ ☐ Tuberculosis, Hepatitis or HIV
- ☐ ☐ Cancer or Tumor
- ☐ ☐ Allergies: _____
- ☐ ☐ Recent fever over 102°F
- ☐ ☐ Blurred or double vision, dizziness, nausea or faintness when neck is in certain positions
- ☐ ☐ Constant pain that doesn't improve by changing positions or by lying down
- ☐ ☐ **OTHER HEALTH PROBLEM NOT LISTED:** _____

FAMILY HISTORY:

(circle any that apply)

Back problems - Back/neck surgery -
Heart problems - Diabetes -
Rheumatoid arthritis - High Blood Pressure - Cancer
Other: _____

LIST ALL SURGERIES AND PROCEDURES YOU HAVE HAD:



**LIST ALL MEDICATIONS/VITAMINS/
SUPPLEMENTS/HERBALS:**

**LIST ANY TRAUMA'S, DATE, AND
DESCRIPTION:**
