

# Kathleen DeZerga, DC

Century Office Park  
300 Craig Rd, Suite 102  
Manalapan, NJ 07726  
732-414-6777

## PATIENT HISTORY

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Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Social Security # \_\_\_\_\_  
Last \_\_\_\_\_ First \_\_\_\_\_ Middle Initial \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_  
Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_  
Email \_\_\_\_\_ May we send you our online newsletter? ☐yes ☐no  
Your Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
Spouse's Name \_\_\_\_\_ Spouse DOB \_\_\_\_\_ Spouse SSN: \_\_\_\_\_  
Have you been to another doctor for this problem? ☐yes ☐no Who/Where? \_\_\_\_\_  
Who may we thank for referring you to this office? \_\_\_\_\_

### WHAT BRINGS YOU TO OUR OFFICE? Please provide as much detail as possible.

#### PRIMARY COMPLAINT: \_\_\_\_\_

Date when symptom first appeared \_\_\_\_\_ Did it begin: ☐ Gradual ☐ Sudden ☐ Progressive over time  
What makes the symptoms increase? \_\_\_\_\_ What relieves the symptoms? \_\_\_\_\_  
Type of Pain: ☐ Sharp ☐ Dull ☐ Ache ☐ Burn ☐ Throb Does the Pain Radiate into your: ☐ Arm ☐ Leg ☐ Does not radiate  
Do you have Numbness or Tingling? ☐yes ☐no How often do you experience these symptoms? ☐100% ☐75% ☐50% ☐25% ☐10%  
Please rate the intensity of your symptoms on a scale of 1-10 (1 being no symptoms, 10 being extreme) \_\_\_\_\_  
Please list all previous treatments for this condition (give doctor's name and dates if possible) \_\_\_\_\_  
Do you have any family members who suffer from the same complaint? If so, who? \_\_\_\_\_

#### SECONDARY COMPLAINT: \_\_\_\_\_

Date when symptom first appeared \_\_\_\_\_ Did it begin: ☐ Gradual ☐ Sudden ☐ Progressive over time  
What makes the symptoms increase? \_\_\_\_\_ What relieves the symptoms? \_\_\_\_\_  
Type of Pain: ☐ Sharp ☐ Dull ☐ Ache ☐ Burn ☐ Throb Does the Pain Radiate into your: ☐ Arm ☐ Leg ☐ Does not radiate  
Do you have Numbness or Tingling? ☐yes ☐no How often do you experience these symptoms? ☐100% ☐75% ☐50% ☐25% ☐10%  
Please rate the intensity of your symptoms on a scale of 1-10 (1 being no symptoms, 10 being extreme) \_\_\_\_\_  
Please list all previous treatments for this condition (give doctor's name and dates if possible) \_\_\_\_\_

Do you smoke? ☐yes ☐no If yes, how many packs per week? \_\_\_\_\_  
Have you ever smoked in the past? ☐yes ☐no If yes, when did you quit? \_\_\_\_\_  
Do you take birth control? ☐yes ☐no Have you ever taken birth control in the past? ☐yes ☐no  
Do you consume alcohol? ☐yes ☐no If yes, how many drinks per week? \_\_\_\_\_  
Do you consume caffeine? ☐yes ☐no If yes, how many drinks per day? \_\_\_\_\_  
Do you exercise? ☐yes ☐no If yes, how many times per week and what type? \_\_\_\_\_  
Do you have a high stress level? ☐yes ☐no If yes, list reasons: \_\_\_\_\_

Please list any  
medications or vitamins  
you are currently taking:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PATIENT SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

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Please mark off the  
areas of your  
complaint on the  
diagram above  
with the following  
indicators:

PPP = pain

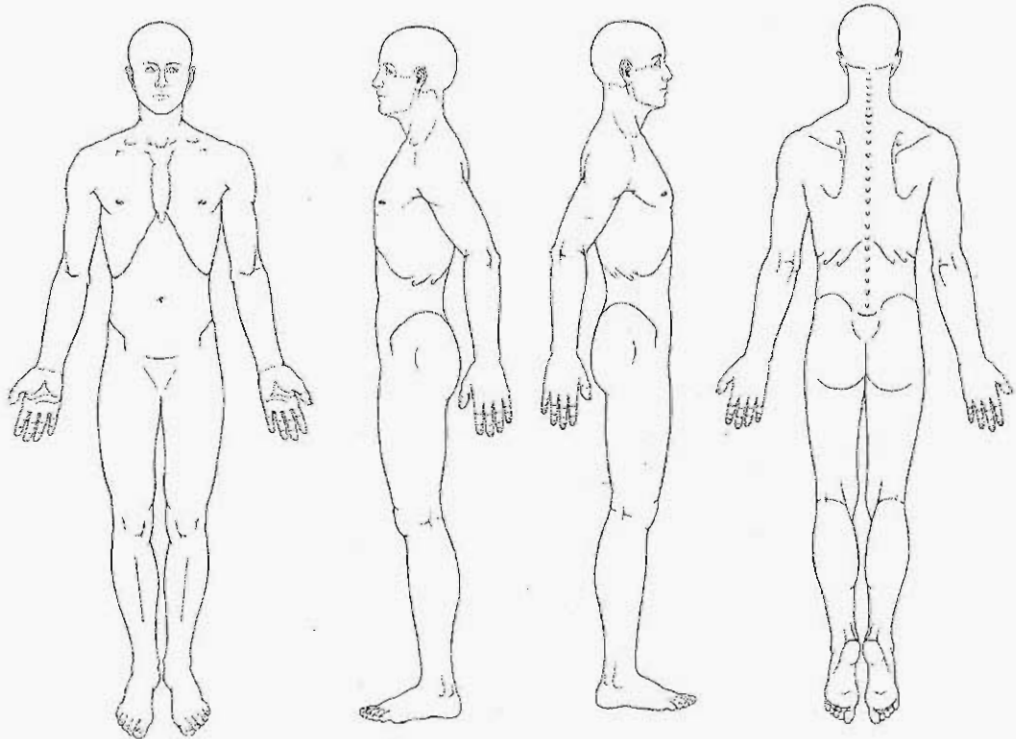
NNN = numbness

TTT= tingling

BBB= burning

CCC= cramping

XXX = other



Please list all surgeries, injuries, accidents, falls, etc: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please check if you have had any of the following:

<input type="checkbox"/> AIDS/HIV	<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Anemia	<input type="checkbox"/> Allergy Shots	<input type="checkbox"/> Anorexia
<input type="checkbox"/> Anorexia	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Asthma	<input type="checkbox"/> Bleeding Disorders	<input type="checkbox"/> Breast Lump
<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Bulimia	<input type="checkbox"/> Cancer	<input type="checkbox"/> Cataracts	<input type="checkbox"/> Chemical Dependency
<input type="checkbox"/> Chicken Pox	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Disc Degeneration	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Epilepsy
<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Goiter	<input type="checkbox"/> Gonorrhea	<input type="checkbox"/> Gout
<input type="checkbox"/> Heart Attack	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Hernia	<input type="checkbox"/> Herpes
<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Liver Disease	<input type="checkbox"/> Measles
<input type="checkbox"/> Migraine	<input type="checkbox"/> Miscarriage	<input type="checkbox"/> Mononucleosis	<input type="checkbox"/> MS	<input type="checkbox"/> Mumps
<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Parkinson's Disease	<input type="checkbox"/> Pinched Nerve	<input type="checkbox"/> Pneumonia
<input type="checkbox"/> Polio	<input type="checkbox"/> Prostate Problem	<input type="checkbox"/> Prosthesis	<input type="checkbox"/> Psychiatric Care	<input type="checkbox"/> Stroke
<input type="checkbox"/> Rheumatic Fever	<input type="checkbox"/> Scarlet Fever	<input type="checkbox"/> Suicide Attempt	<input type="checkbox"/> Thyroid Problems	<input type="checkbox"/> Tonsillitis
<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Tumors/Growths	<input type="checkbox"/> Typhoid Fever	<input type="checkbox"/> Ulcers	<input type="checkbox"/> Vascular Disease
<input type="checkbox"/> Vaginal Infections	<input type="checkbox"/> Venereal Disease	<input type="checkbox"/> Whooping Cough	<input type="checkbox"/> Rheumatoid Arthritis	
<input type="checkbox"/> Other:				

PATIENT SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_