

LET'S TALK ABOUT Purification

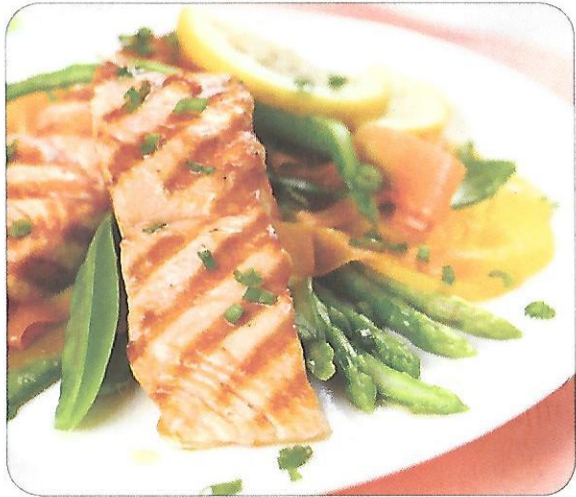


Get on the path to better health.

Purify, nourish, and learn to maintain a healthier lifestyle with the 21-day Standard Process Purification Program.*

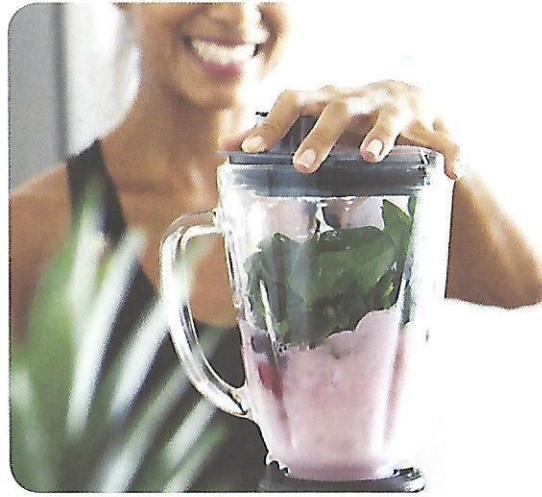
Talk to your health care professional about purification today.





Discover a new way of eating and living: purification.

Learn how easy and enjoyable it is to make healthy choices. With the 21-day purification program, you can turn those choices into habits and turn those habits into meaningful, healthy change.



How does purification work?

If you aren't consuming the recommended amount of nutrients, it can affect the normal functioning of your body's detoxification pathways. Naturally occurring toxins that build up in the body can adversely impact one's health and well-being.

The 21-day Standard Process Purification Program is a structured program that brings healthy lifestyle habits into focus. It's designed to purify, nourish, and help with weight maintenance by:*

- Eating whole foods
- Exercising regularly
- Drinking nutritious shakes
- Taking supplements made with whole food and other ingredients*



Tools to help you succeed:

Changing habits can be hard. Your health care professional will provide the guidance and tools to help you through the program—before, during, and after.

The helpful purification guide keeps you on track with daily journal entries about diet and mood, a list of preferred foods, and suggestions for a successful purification experience.

Ask your practitioner how you can:

- Get connected with the purification app.
- Complete the toxicity questionnaire (online or in person).
- Watch inspiring purification success story videos from patients just like you.
- Buy the purification recipe book, "One Degree of Change."



Visit www.standardprocess.com/purification to learn more.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.