



## **A NOTE TO OUR PATIENTS**

Like everyone else in our community, we are concerned and deeply saddened to see the growing number of COVID-19 cases in our community as a result of the spread of the coronavirus.

I wanted to send you this letter to share some important information and resources that you will find useful, and to also provide updates on the steps we are taking to ensure all of our patients and staff remain safe and healthy in the weeks ahead.

First, I am grateful to say that ***we currently have no known cases of the coronavirus*** among our staff or our patients.

Second, ***we are still open and will continue treating our patients during our regular operating hours***. In the event that we need to change or restrict those hours, we will post that information to our website at <https://www.amazingtouch.org>.

### **Steps We Are Taking To Protect Our Patients and Staff**

- We have installed an air purifier in the office which are able to effectively destroy 99.9% of all airborne germs or viruses, including the coronavirus. These also have the added benefit of destroying any such germs or virus on all exposed surfaces (countertops, chairs, tables, walls, floor, etc.) for more information [www.triadair.com](http://www.triadair.com)
- We are encouraging all patients & staff who suspect they have any of the symptoms of the coronavirus to stay home and notify us immediately.
- Anyone with a family member at home who is sick with anything contagious is also being asked to stay home and care for them to minimize the risk to others.
- We are taking the temperature upon entering the building.
- We are spacing out patient appointments throughout the day so as to minimize the number of patients in the waiting area at any one time. We are also getting the patients right into the treatment room.
- We have hand sanitizer for use upon entering and exiting the building.
- You will see the doctors and staff sanitizing their hands before and after they touch any patient in addition we use gloves.
- We are practicing social distancing within the office.



- We have retrained all staff in proper hand washing and sanitizing practices to minimize the spread of germs.
- We are cleaning and disinfecting all frequently touched surfaces in the waiting area and the treatment areas continuously throughout each day.
- Credit card machines are disinfected after each use.

Finally, it would be remiss if we did not remind our patients that chiropractic care has been shown to boost your immune system with even a single chiropractic adjustment.

Until an effective vaccine can be developed, building a strong immune system is your best defense against infectious diseases like the coronavirus as well as the typical cold and flu variations.

This is why we are working so hard to provide a clean, safe and healthy environment for our patients to continue their care and give themselves the best possible chances for coming through this pandemic with minimal risk and minimal downtime.

As always, if you have any questions, please don't hesitate to reach out to us.

I look forward to seeing you back in the office soon.

Dr. Manola Tejada, DC