

Phases of the Feminine

Throughout history, the great pendulum of gender polity has swung to and fro between the feminine and the masculine. There was a time when matriarchic societies flourished and a time when the advent of the Industrial Age shifted much of our world toward Patriarchic dominance.

Today's woman, however, was born into the millennium where the pendulum is moving toward a place of balance and equality between the feminine and the masculine. As exciting as are these times, they beckon for exploration: What are the implications of this shift for the individual lives of women today? How do we best examine our own unique places and roles during this historic transformation?

Join us as we gather as a community of women to (1) nurture the changes within ourselves, (2) examine our personal journeys, and (3) implement variations in the directions we are wanting for our individual journey within the larger planetary paradigm shift.

This series of seminars is a unique invitation and opportunity for you to progress through your own phases of development as a woman, using guided imagery, dance, movement, rituals, writing, and music and sound within a safe and inspirational circle of women.

Your Guides

**Dr. Janice Kalec, D.C. and
Rabbi Miriam Maron, Ph.D.**



Janice Kalec, D.C., B.S.E., B.A. is a chiropractor with a Bachelor of Science degree in Education from the University of Maryland. She also holds a Bachelor of Arts degree from the School of the Art Institute of Chicago. She spent many years as a teacher of art and dance for students ranging from kindergarten age through High School in both public school and experimental education venues. During her journey from schoolteacher to her 30-year career as a gentle chiropractor she studied with Native American elders and participated in ceremonies such as vision quests and sweat lodges, some of which she was eventually initiated to lead. For the past 15 years Dr. Kalec has also officiated at many weddings, baby namings, house and office cleansings, funeral services and other life-cycle ceremonies. As a workshop, seminar and retreat leader, she draws from her eclectic education and life experiences to create and hold sacred space as well as a safe environment for participants to discover their own unique gifts and to bring them forward. Visit her website at: www.gentlecaredc.com



Rabbi Miriam Maron, Ph.D., B.S.N., R.N., M.A. is the author of *Ancient Moon Wisdom: The Kabbalistic Wheel of Astro Mystery and Its Relationship to the Human Experience*. As a Soul Healer in private practice, she is a teacher in the tradition of her ancestors, in the spirit of the Hebrew prophetesses and wise-women whose clarity of vision and intuitive knowing wove the thread of fortitude and celebration that has preserved a people and its traditions against all odds for more than 4,000 years. She is an erudite scholar of both her people's written and oral traditions, and a pioneer in restoring to her people the long-neglected mystery wisdom of Jewish shamanism, which she teaches in her seminars and workshops and practices in her private healing and mentoring sessions. Dr. Maron skillfully blends her knowledge and talent to formulate entrancing movement and dance that, along with her teachings, music, and ceremonies, have captivated and moved the hearts of participants of all ages and cultural backgrounds across North and Central America, Europe, and Israel. Her nine albums can be sampled at www.MiriamsCyberWell.com

For more information, and to register, contact:
Dr. Kalec at gentlechiro@hotmail.com, or
Dr. Maron at Miriam@MiriamsCyberWell.com

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This seminar series is offered in 4 parts:

- 1. CHILD** Oct 21, 2012, 1:30-4:30
- 2. MAIDEN** Nov 4, 1:30-5
- 3. MOTHER** Jan 27, 2013, 1:30-5
- 4. WISE WOMAN** Feb 10, 1:30-5

PHASE ONE: CHILD

Re-examining the story we formulated during childhood that shaped who we are today, and exploring whether that same story continues to benefit us, or whether an entirely **new** story can bring us to a more wholesome and joyful place. We will also discuss historical female figures, the challenges they faced, and the stories they chose to live.

PHASE TWO: MAIDEN

For most of us, transition from child to maiden passes without any form of acknowledgement or celebration. In this workshop we will honor the feminine aspects of our bodies and our psyches, and ritually celebrate each of us.

PHASE THREE: MOTHER

In this workshop we will explore what we most desire to give birth to for ourselves. We will learn how to (1) better nurture ourselves, (2) reach out to others for nurturance and support, and (3) open up the portals of connection to the ultimate Nurturance of Great Mother.

PHASE FOUR: WISE WOMAN

Whether you are currently in the Maiden, Mother, or Wise Woman phase, there is a wise woman inside of you always! After all, the highest potential of the mighty oak tree lies within the deepest depths of the acorn. In this workshop, you will have the opportunity to further explore the gifts and talents you have been given, and how you may tap deeper into the seeds of potential within you so that those potentials become more fully realized.