INITIAL HEALTH STATUS American Specialty Health Plans of California, Inc. (ASH Plans) P.O. Box 509002, San Diego, CA 92150-9002 (Chiropractic) Fax: 877/427-4777 Patient Name ______ Birthdate ______ Sex M / F _____ City _____ Address _____ State ____ Zip ____ Telephone (____) Patient Primary Language _____ Subscriber Name _____ Health Plan: _____ Subscriber ID # ____ Spouse Name _____ Spouse Employer _____ City ____ State ___ Zip ____ Primary Care Physician Name PCP Phone MARK AN X ON THE PICTURE WHERE YOU HAVE PAIN OR OTHER SYMPTOMS. DESCRIBE YOUR CURRENT PROBLEM AND HOW IT BEGAN: ☐ Headache ☐ Neck Pain ☐ Mid-back Pain ☐ Low Back Pain Is this? Work Related Auto Related N/A Date Problem Began: How Problem Began: Current complaint (how you feel today): 0 1 Unbearable Pain No Pain How often are your symptoms present? (Intermittent) ☐ 0 – 25% ☐ 26 – 50% ☐ 51 – 75% 76 - 100% (Constant) In the past week, how much has your pain interfered with your daily activities (e.g., work, social activities, or household chores? No interference 0 1 2 3 4 5 6 7 8 9 10 Unable to carry on any activities HAVE YOU HAD SPINAL X-RAYS, MRI, CT SCAN FOR YOUR AREA(S) OF COMPLAINT? No Yes What areas were taken? Please check all of the following that apply to you: Recent Fever Prostate Problems Menstrual Problems Diabetes High Blood Pressure ☐ Urinary Problems Currently Pregnant, # weeks
Abnormal Weight Gain Loss Stroke (date) Corticosteroid Use (cortisone, prednisone, etc.) Marked Morning Pain/Stiffness Taking Birth Control Pills Pain Unrelieved by Position or Rest Dizziness/Fainting Pain at Night
Visual Disturbances
Surgeries Numbness in Groin/Buttocks Cancer/Tumor (explain) Osteoporosis Epilepsy/Seizures Other Health Problems (explain) _____ Medications ____ Diabetes Family History: Cancer High Blood Pressure Heart Problems/Stroke Rheumatoid Arthritis I certify to the best of my knowledge, the above information is complete and accurate. If the health plan information is not accurate, or if I am not eligible to receive a health care benefit through this provider, I understand that I am liable for all charges for services rendered and I agree to notify this doctor immediately whenever I have changes in my health condition or health plan coverage in the future. I understand that my chiropractor or a clinical peer employed by ASH Plans may need to contact my physician if my condition needs to be co-managed. Therefore, I give authorization to my chiropractor and/or ASH Plans to contact my physician, if necessary. Patient Signature _____ Date ____