

***When You Need
a Relaxing Wellness Experience...***

Neuro-Aqua Massage

***Experience the therapeutic effects of
Acupuncture Meridian Therapy & Aqua
Massage (with optional sound programs) to
enhance the way your body feels and
functions.***

Special introductory offer Summer/Fall 2013

\$87 per session (reg. \$97)

4 Session "WELLNESS" Multi-Pack @ \$297 (\$74.25/session)

Relax – Focus – Energize

We appreciate the opportunity to provide Wellness Therapy to encourage your body to feel and function healthier.

Neuro-Aqua Massage (NAM)

Wellness Packages (4-pack)

Program 1

One NAM per week, for four consecutive weeks.

Program 2

Two NAM per month, for two months

Program 3

One NAM every 3 weeks for 3 months.

Your body deserves it! Give your body the relaxing experience of a NAM. Relax as warm waves of massaging jets gently travel from your feet to your head (while receiving acupuncture therapy*), to encouraging your tight, stressed muscles to relax.

Give one to a friend or family member, gift certificates available.

****Acupuncture can be performed with traditional fine, very small needles and/or Acu-Laser (non-needle).***

Reg. Price \$97/session*

***Current patients (have received services at GC&WC in past 30 months) at Garner Chiropractic & Wellness Center \$97 (33% off)**

Non-current \$144.

- **Multi-Session Packages expire 90 days after purchase date!!**
- **Call and schedule appointments in advance, no walk-ins please.**
- **24 hours notice required for cancellations or no-show charge will apply.**
- **Program is not advised if you are pregnant or have certain health issues. Our Doctors will consult with you prior to NAM to discuss any health concerns.**
- **Please arrive 15 minutes before your appointment time!!!**
- **Dress comfortable. Please feel free to change into more comfortable clothes, shorts, etc., after you get here.**

We advise that you drink plenty of water before and after each NAM. To enhance the overall experience, we advise eating more fruits/vegetables, decrease quantity of processed and prepackaged foods.

Acupuncture Meridian Therapy

Acupuncture is an alternative medicine originating in China that treats patients by manipulating thin needles that are inserted into acupuncture points in the skin. According to Traditional Chinese Medicine, stimulating these points can correct imbalances in the flow of energy (Qi) through channels know as Meridians.

Current scientific research indicates that traditional forms of acupuncture are more effective than placebos in the relief of certain types of pain and post-operative nausea.

Endorsements

*Acupuncture's use for many conditions has been endorsed by the United States **National Institutes of Health**, the **National Health Service** of the United Kingdom, the **World Health Organization** and the **National Center for Complementary and Alternative Medicine**.*

Years of research continues to support that acupuncture is safe when administered by trained practitioners using sterile needles, laser, and/or microcurrent and carries a very low risk of adverse effects.

Drs. Perry Kirch and Marion Beaumont use traditional acupuncture therapy with needles, but also use additional techniques, including Laser and Microcurrent to enhance the body's ability to naturally heal, correct, and repair.

Treatment sessions range from 15 – 45 minutes depending on each patient's individual needs. Every session is tailored to the needs of every patient.

\$87 - \$127 per Session

Nutritional Recommendations

We encourage “clean eating”

We are what we eat. Therefore, for the body to look and function the best we advise eating the best foods.

Increasing organic foods and limiting prepackaged/processed foods.

We have a list of supplements/foods we suggest to support good cellular health and to enhance how your body functions, looks and feels.

