

The **CHIROPRACTIC INSIGHT** Newsletter

FAMILY & PEDIATRIC CHIROPRACTIC

DR. DANIEL BERNECHE

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Acid Reflux, Common Stomach Ailments, Ulcers, etc.

Research on over 4,500 people who suffer from acid reflux and other common stomach ailments revealed a common causal relationship. Mid-thoracic (middle back) contain nerve networks that are normally protected by hard bone. If deranged structurally, will cause nerve interference directly related to the stomach and the GI track. This interference intercepts the normal impulses firing from the brain through the spine and short-circuited (subluxated) at that spinal level. As seen in the illustration, heat, inflammation can result locally at the spinal levels and can express mild pain, soreness, a tired feeling and sometimes the causal source will express no symptoms.

The results achieved through Chiropractic spinal adjustments is dramatic in the correction of the cause of stomach acid sufferers. In general, spinal subluxations exists in more than 70% of stomach sufferers and can get to the actual cause through specific Chiropractic spinal adjustments.

The true intent of Chiropractic is to liberate the subluxated spine so that the body can regenerate its normal vibrant nerve supply in order for the body to potentialize it's healing ability.

The analysis of the spinal column should begin at birth with the infant receiving birthing trauma even in its most natural state of delivery. The pull force can range from 30 to 150 lbs directed to the spine and often leaving the infant afflicted with early, unattended subluxations. If discovered early the baby would escape a variety of health problems (including colic) that are not medically discovered. Only a qualified Chiropractor can detect these acute subluxations. So whether your experiences are young or old, a chiropractic spinal exam should be included as a correction of the cause.

Chiropractically Yours,

Dr. Dan



One of my patients recently asked me if the adjustments he has been receiving could have any effect on acid reflux. He recalled reaching into his pocket and realizing that he had not been using "Tums" that he has been accustomed to carrying around with him for years to relieve his stomach pain. Coincidentally this patient has made a habit of regular chiropractic visits; a testimony to the benefits of chiropractic for maintaining good health.

NO MATTER....

But I feel fine	NO MATTER how you feel
But I eat well	NO MATTER what you eat
But I take vitamins	NO MATTER what vitamin you take
But I exercise regularly	NO MATTER what exercises you do
But I meditate	NO MATTER how often you meditate
But I get plenty of rest	NO MATTER how much rest you get
But I have this sickness	NO MATTER what your diagnosis
But I have been told	NO MATTER what you've been told
But I take this drug	NO MATTER what drug you're on
But I don't have time	NO MATTER how busy you are

...NO MATTER WHAT ELSE YOU DO...

If the messages from your brain do not properly reach each and every cell of your body, if your nerve system does not work correctly - then you will never be all you could be physically, mentally, emotionally or spiritually.

Chiropractic is dedicated to locating and correcting the most serious and common cause of such interference - the vertebral subluxation.

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Hours

Monday and Wednesday 8:30 AM - 12:00 PM
1:30 PM - 7:00 PM

Tuesday, Thursday & Saturday by Appointment