DURRETT CHIROPRACTIC Natural Healthcare Clinic A Wellness Eenter

CONFIDENTIAL HEALTH QUESTIONNAIRE

PATIENT INFORMATION - IF YOU NEED ANY ASSISTANCE COMPLETING THIS FORM, PLEASE ASK

Services in our office are delivered in a manner that goes above and beyond those found in any other office. Part of this service is a thorough, all-inclusive history. Please provide the requested information so that we can help you to the best of our ability.

PATIENT INFORMATION

FULL NAME:	DATE OF BIRTH: / / AGE:
NAME YOU WOULD LIKE TO BE CALLED, IF DIFFERENT:	SSN: □ M □ F
ADDRESS: APT #:	HOME PH:
CITY: STATE: ZIP:	CELL PH:
MARITAL STATUS: SINGLE MARRIED WIDOWED DIVORCED OTH	IER # of Children:
SPOUSE / PARTNER'S NAME:	EMERGENCY CONTACT #:
EMAIL ADDRESS:	most of our Office/Patient communication.
REFERRAL SOURCE: The majority of our practice WERE YOU REFERRED BY A PATIENT OF OURS? YES NO PATIENT NO WERE YOU REFERRED BY YOUR MD? IF SO, WHO?	NAME:
	ARCH, i.e. GOOGLE 🛛 OTHER
EMPLOYM	ENT
EMPLOYER'S NAME:	
EMPLOYER'S NAME:	
EMPLOYER'S NAME:	Work Phone:
EMPLOYER'S NAME: OCCUPATION: EMPLOYMENT STATU INSURANCE INFO	Work Phone:
EMPLOYER'S NAME: OCCUPATION: EMPLOYMENT STATU INSURANCE INFO	WORK PHONE:
EMPLOYER'S NAME: EMPLOYMENT STATU OCCUPATION: EMPLOYMENT STATU INSURED'S NAME: RELATIONSURED'S EMPLOYER: RELATIONSURED'S EMPLOYER EMPLOYER RELATIONSURED'S EMPLOYER EMPLOYER RELATIONSURED'S RELATIONSURED'S EMPLOYER RE	WORK PHONE:
EMPLOYER'S NAME: EMPLOYMENT STATU OCCUPATION: EMPLOYMENT STATU INSURED'S NAME: RELATIONSURED'S EMPLOYER: RELATIONSURED'S EMPLOYER EMPLOYER RELATIONSURED'S EMPLOYER EMPLOYER RELATIONSURED'S RELATIONSURED'S EMPLOYER RE	WORK PHONE:
EMPLOYER'S NAME: EMPLOYMENT STATU OCCUPATION: EMPLOYMENT STATU INSURED'S NAME: RELATIONSI INSURED'S NAME: RELATIONSI INSURED'S EMPLOYER: SAME AS ABOVE OTHER: INSURED'S SSN: SAME AS ABOVE OTHER: INSURED'S SSN: SAME AS ABOVE ADDRESS CITY: STATE: ZIP:	WORK PHONE:
EMPLOYER'S NAME:	WORK PHONE:
EMPLOYER'S NAME: EMPLOYMENT STATU OCCUPATION: EMPLOYMENT STATU INSURED'S NAME: RELATIONSI INSURED'S NAME: RELATIONSI INSURED'S EMPLOYER: SAME AS ABOVE OTHER: INSURED'S SSN: SAME AS ABOVE OTHER: INSURED'S SSN: SAME AS ABOVE ADDRESS CITY: STATE: ZIP:	WORK PHONE:
EMPLOYER'S NAME: EMPLOYMENT STATU OCCUPATION: EMPLOYMENT STATU INSURED'S NAME: RELATIONSI INSURED'S NAME: RELATIONSI INSURED'S EMPLOYER: SAME AS ABOVE OTHER: INSURED'S SSN: SAME AS ABOVE OTHER: INSURED'S SSN: SAME AS ABOVE ADDRES CITY: STATE: ZIP: POLICY #: GROUP:	WORK PHONE:

WHAT BROUGHT	YOU TO OUR OFFICE TODAY?
	ENT MAJOR COMPLAINT OR HEALTH ISSUESS: F PAIN OR DISCOMFORT (1-10, WITH 1 LEAST SERIOUS)
1. 2. 3. 4.	DISCOMFORT / PAIN LEVEL: ONSET DATE:
REGARDING YOUR MAIN COMPLAINT: SYMPTOMS DEVELOPED FROM: □AN AUTO ACCIDENT ON: □AN ILLNESS □GRADUAL ONSE	□ A JOB RELATED INJURY ON: □AN INJURY ON: T □AN UNKNOWN ORIGIN
SYMPTOMS HAVE PERSISTED FOR:S SYMPTOMS: □COME & GO □ARE CONSTANT □ARE NEARL	YMPTOMS ARE WORSE IN: □THE MORNING □EVENING □UNCHANGED Y CONSTANT □AFTERNOON □CONSISTENT
SELF & FAMILY HISTORY:	(S = SELF, M = MOTHER, F = FATHER)
SMFARTHRITISSMFDIGESTIVE DISORESMFASTHMASMFDISLOCATED JOINTSMFBACK PAINSMFEPILEPSYSMFBLADDER TROUBLESMFFIBROMYALGIASMFBONE FRACTURESMFGERMAN MEASLESSMFCANCERSMFHEADACHESSMFCHEST PAINSMFHEART TROUBLESMFCONCUSSIONSMFHEPATITIS	TS S M F MENSTRUAL CRAMPS S M F SCARLET FEVER S M F MULTIPLE SCLEROSIS S M F SERIOUS INJURY S M F MUSCULAR DISTROPHY S M F SINUS TROUBLE S M F NECK PAIN S M F TUBERCULOSIS S M F NERVOUSNESS S M F VENEREAL DISEASE S M F NONE STATED S M F ADD / ADHD S M F NUMBNESS S M F ADRENAL FATIGUE SSURE S M F OSTEOPOROSIS S M F BLOOD SUGAR ISSUES
ACTIVITIE	S THAT AGGRAVATE:
BENDING COUGHING DRIVING DRIVING	CS THAT AGGRAVATE: SITTING AFTER MINUTES TURNING HEAD SNEEZING TWISTING INJURED AREA STANDING WALKING STANDING MINUTES WALKING AFTER MINUTES STANDING STRAIGHT OTHER
BENDINGLIFTINGCOUGHINGLYING DOWNDRIVINGOVERHEAD ACTIVITIESEXERCISINGPREPARING FOODGETTING UP & DOWNREACHINGINCREASED ACTIVITY IN GENERALSITTING	SITTING AFTER MINUTES SNEEZING STANDING MINUTES STANDING MINUTES STANDING STRAIGHT
BENDING COUGHING COUGHING COUGHING DRIVING DRIVING DRIVING COVERHEAD ACTIVITIES EXERCISING COVERHEAD ACTIVITIES EXERCISING OVERHEAD ACTIVITIES DOWN REACHING INCREASED ACTIVITY IN GENERAL SITTING BENDING ICE LYING DOWN REACHING	 SITTING AFTER MINUTES SNEEZING STANDING STANDING MINUTES STANDING STRAIGHT STRAINING AT STOOL UNUTES UNUTES UNALKING AFTER MINUTES
BENDING COUGHING COUGHING DRIVING DRIVING DRIVING COVERHEAD ACTIVITIES EXERCISING GETTING UP & DOWN REACHING INCREASED ACTIVITY IN GENERAL SITTING ACTIVITES BENDING ICE LYING DOWN REACHING HEAT LIFTING MEDICATION REACHING	 SITTING AFTER MINUTES I TURNING HEAD SNEEZING ITWISTING INJURED AREA STANDING INJURES WALKING AFTER MINUTES STANDING STRAIGHT STRAINING AT STOOL OTHER ACHING SITTING SITTING STANDING INTER
BENDING COUGHING COUGHING DRIVING DRIVING DRIVING COVERHEAD ACTIVITIES EXERCISING GETTING UP & DOWN REACHING INCREASED ACTIVITY IN GENERAL SITTING ACTIVITES BENDING ICE LYING DOWN REACHING HEAT LIFTING MEDICATION REACHING	 SITTING AFTER MINUTES I TURNING HEAD SNEEZING ITWISTING INJURED AREA STANDING INITES WALKING AFTER MINUTES STANDING STRAIGHT STRAINING AT STOOL OTHER ACHING SITTING STRETCHING STRETCHING
BENDING LIFTING COUGHING LYING DOWN DRIVING OVERHEAD ACTIVITIES EXERCISING PREPARING FOOD GETTING UP & DOWN REACHING INCREASED ACTIVITY IN GENERAL SITTING BENDING ICE LYING DOWN HEAT LIFTING MEDICATION BLURRED VISION FACE FLUSHED BUZZING IN EARS FAINTING COLD FEET FATIGUE COLD SWEATS HEAD SEEMS TOO HEAVY CONCENTRATION LOSS INSOMNIA CONSTIPATION LIGHT BOTHERS EYES DEPRESSION LOSS OF BALANCE DIARRHEA LOSS OF SMELL	SITTING AFTERMINUTES TURNING HEAD SNEEZING TWISTING INJURED AREA STANDING MINUTES STANDING STRAIGHT WALKING AFTERMINUTES STANDING STRAIGHT OTHER STRAINING AT STOOL OTHER ACHING SITTING STRETCHING STANDING MALKING MUSCLE JERKING STOMACH UPSET NONE STRESS NUMBNESS IN FINGERS CHEMICAL SENSITIVITY NUMBNESS IN TOES DIFFICULTY SLEEPING PINS & NEEDLES IN ARMS WEIGHT GAIN / LOSS PINS & NEEDLES IN LEGS THYROID ISSUES RINGING IN EARS WEEPING SPELLS SENSITIVITY TO COLD / DAMP WEATHER OTHER

The AMA has found that more than 80% of all health probems are due to stress. Stress affects the nervous system. In our practice, we are interested in evaluating and examining stresses your body can not properly perceive, adapt to or recover from.

These stresses may be PHYSICAL, CHEMICAL or EMOTIONAL/MENTAL in nature.

PHYSICAL STRES	S: Please check " <u>P</u> " for Past	, " <u>C</u> " for Current ((or both if they apply	7)	
FALLS FROM CRIB / BEDDDDSPORTS IMPACTSDPD	FALLS DOWN / UP STEPS PHYSICAL FIGHTS	□ P □ C □ P □ C	FALLS ON ICE ARMED SERVICE	□ P S □ P	□ C □ C
HAVE YOU BEEN KNOCKED UNCONSCIOUS?		PLAIN:			
HAVE YOU EVER USED CRUTCHES, A WALKER OR A	CANE?	PLAIN:			
HAVE YOU EVER BROKEN ANY BONES?	□ YES □ NO EX	PLAIN:			
HAVE YOU EVER HAD ANY IMPACTS, FALLS OR JOLT EXPLAIN:			DUR SPINE? DV	′ES □ NO	
HAVE YOU EVER HAD ANY EXTENSIVE DENTAL OR C EXPLAIN:			ם Y	′ES □NO	
AUTOMOBILE ACCIDENTS: HA INVOLVED IN A VEHICULAR COLLISION OR NEA SEVERE OR EXTREME).	R COLLISION? PLEASE LIST AP	PROXIMATE DATES	SAND SEVERITY (MILD	MODERAT	
AUTOMOBILE:					
BUS, BICYCLE, MOTORCYCLE, TRAIN, AIRPLANE, MC	D-PED OR OTHER VEHICLES:				
HAVE YOU BEEN HURT IN ANY OF THESE ACTIVITIES DO YOU READ FOR PROLONGED PERIODS?	YES INO WHICH C YES IYES NO YES NO WING TV OR READING? YES TRIFOCALS CONTACT LENSI NO WHEN? WHAT WAS ACTU	DNE(S)?	DTHER	• YES •	NO
	Ibs HEIGHT	ft in	BLOOD PRESSUR	E/	_
SURGICAL HISTORY (CONDIT 1. 2. 3.	- 		WHEN:		
ACCIDENT HISTORY					
□ JOB □ AUTO □ OTHER 1					
□ JOB □ AUTO □ OTHER 3			WHEN:		
DO YOU STILL HAVE ALL YOUR BODY PARTS?	YES DON IF NO, PLEASE	EXPLAIN:			
	IERAPY				
HAVE YOU BEEN TREATED BY A PHYSICIAN FOR AN	Y HEALTH CONDITION IN THE LAST	YEAR? □Yes □No			
HAVE YOU BEEN TREATED BY A PHYSICIAN FOR AN DESCRIBE CONDITION:	Y HEALTH CONDITION IN THE LAST	YEAR? □Yes □No			

EMOTIONAL / MENTAL STRESS:

FOR EACH OF THE FOLLOWING POTENTIAL SPINAL STRESS SITUATIONS, PLEASE CHECK "P" for Past, "C" for Current (or both if they apply) UNDER THE LEVEL OF TRAUMA SEVERITY.

	<i>MILD</i> PC	MODERATE P C	<i>EXTREME</i> P C		<i>MILD</i> PC	MODERATE P C	<i>EXTREME</i> P C
CHILDHOOD STRESS				WORK RELATED STRESS			
SCHOOL STRESS				STRESS OF COMMUTING			
PLAY OR RECREATIONAL				LOSS OF A LOVED ONE			
FAMILY STRESS				CHANGE IN LIFESTYLE			
PERSONAL RELATIONSHIPS				CHANGE IN VOCATION			
STRESS OF BEING SICK				ABUSE			

		•			R-THE-COUNTER OR				,				
DRUG:										REASON:			
DRUG:					_ DATE PRESCF	RIBED:				REASON:			
DRUG:	G:			DATE PRESCRIBED:				REASON:					
DRUG:					DATE PRESCRIBED:					REASON:			
DRUG:					_ DATE PRESCF	RIBED:				REASON:			
O YOU CONSUME:			ume daily, M	<u>W</u> -	CONSUME WEEKLY,)	P	W	м
ALCOHOL				1	EGGS			W		BEEF		vv	
COFFEE				-	CANNED VEGETABLES					POULTRY			
OBACCO					RAW VEGETABLES					FISH			
RTIFICIAL SWEETENERS					RESH FRUIT					SEAFOOD			
ODA				١	WHOLE GRAINS					WEIGHT CONTROL PILLS			
IET FOOD				[DAIRY					ORGANIC FOODS			
EFINED SUGAR				I	RIED FOODS					DO YOU FAST?		ΞS	□ N(

AUTHORIZATIONS:

A. I authorize payment of any medical benefit from third-parties for benefits submitted for my claim to be paid directly to this office. I authorize the direct payment to this office of any sum I now or hereafter owe this office by my attorney out of proceeds of any settlement of my case and by any insurance company contractually obliged to make payment to me or you based upon the charges submitted for products and services rendered.

B. I understand and agree that health and accident policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that this office will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to this office will be credited to my account upon receipt. However, I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for products or professional services rendered will be immediately due and payable.

C. I authorize the doctors and staff of this clinic to examine and treat me as they find necessary. I further authorize clinic personnel to release medical information regarding my care to insurance companies or other professionals if necessary. I certify that all the information I have given is true and correct. I also certify that I am here for the sole purpose of getting better and no other reason.

PATIENT'S SIGNATURE:

DATE: _____

GUARDIAN SIGNATURE:

DATE: _____

COMPREHENSIVE REVIEW OF SYSTEMS

The PURPOSE of this questionnaire is to comprehensively evaluate each of your body's organ systems over the last SIX MONTHS.

If the symptom or event has not occurred within the last 6 months, mark 'N' If the symptom or event is Rare or uncommon, then select 'R'

If the symptom or event is Frequent or common, then select 'F' If the symptom or event is persistent, or your answer is 'YES', then select 'A'

NRFA	Consume breads / pastas / starches
NRFA	Yeast / Fungal problems
NRFA	Tickle in your throat
NRFA	Cough / spit clear sputum / phlegm
NRFA	Unexplained weight loss
NRFA	Nervousness or irritability
NRFA	Thinning of the skin
NRFA	Prostate problems
NRFA	A family history of diabetes
NRFA	A family history of cancer
NRFA	A family history of heart disease
NRFA	Alcohol socially
NRFA	Alcohol use extensively
NRFA	Do you use street drugs Drink coffee / soda / ice tea
	Smoke or use tobacco
N R F A N R F A	Eat fast food
NRFA	
NRFA	Eat pre processed / packaged foods Consume sweets
NRFA	Use artificial sweetners
NRFA	Drink cow's milk
NRFA	Consume white sugar
NRFA	Consume refined carbs
NRFA	Consume wheat or gluten
NRFA	Consume artificial flavorings
NRFA	Very little exercise
NRFA	Family or financial stressors
NRFA	Rashes
NRFA	Roseacea
NRFA	Itchy or dry skin
NRFA	Oily skin
NRFA	Acne
NRFA	Eczema
NRFA	Psoriasis
NRFA	Skin cancer
NRFA	Vertigo / dizziness
NRFA	Lightheadedness
NRFA	Glaucoma
NRFA	Cataracts
NRFA	Double vision or blurred vision
NRFA	Dry or red eyes
NRFA	Macular degeneration
NRFA	Watery eyes
NRFA	Itchy eyes
NRFA	Puffy eyes
NRFA	Ear infections
NRFA	Tooth cavities
NRFA	Bad breath
NRFA	Runny nose / sneezing
NRFA	COPD / lung disease
NRFA	Emphysema
NRFA	Chronic bronchitis
NRFA	Difficulty breathing deeply
NRFA	Acute or chronic coughing
NRFA	Wheezing with breathing
	Asthma Shortnoss of broath
	Shortness of breath
NRFA	Pain when taking a breath
N R F A N R F A	Difficulty going to sleep
NRFA	Hungry all the time Can't lose weight
икгА	Carl I IOSE WEIGHT

NRFA	Can't gain weight
NRFA	Slow metabolism
NRFA	Overweight
NRFA	Gout
NRFA	Diabetes
NRFA	Metabolic syndrome
NRFA	Thyroid problems
NRFA	Too much stress / tension
NRFA	Heat / cold intolerance
NRFA	Cough/spit green-yellowish sputum
NRFA	Trouble with edema / swelling
NRFA	
	Early aging
NRFA	Trouble sweating
NRFA	Fatigue or tired
NRFA	Unexplained swellings
NRFA	Diabetic medications
NRFA	Thyroid medication
NRFA	Diuretics
NRFA	Erectile dysfunction
NRFA	Pre-menopause
NRFA	Peri-menopause
NRFA	Suffer from PMS
NRFA	Breast tenderness
NRFA	Vaginal discharge
NRFA	Vaginal dryness
NRFA	Birth control
NRFA	Irregular periods
NRFA	Excessive period bleeding
NRFA	Athlete's Foot
NRFA	Ovarian cysts
NRFA	Fibrocystic breasts
NRFA	Fertility concerns
NRFA	Increase in urination
NRFA	Pelvic pain or cramping
NRFA	Mood swings
NRFA	Bouts of depression
NRFA	Manic episodes
NRFA	
	Loosing your memory
NRFA	Hot flashes / sweats
NRFA	Thinning hair or brittle hair
NRFA	Sexually transmitted disease
NRFA	-
	Decrease in sex drive
NRFA	Pain with sex
NRFA	Hormone replacement
NRFA	Heart medication
	A heart attack
NRFA	
NRFA	Heart surgery
NRFA	Chest pain / angina / tightness
NRFA	High blood pressure
NRFA	A-fib or arrythmias
NRFA	Heart problems
NRFA	Slow or fast heart beats at rest
NRFA	Deep vein thrombosis
NRFA	Poor circulation in hands
NRFA	Poor circulation in feet
NRFA	Concerns about a stroke
NRFA	
	Restless Leg Syndrome
NRFA	Bruise easily
NRFA	Heart burn or reflux
NRFA	Upset stomach

	-
NRFA	Belching
NRFA	Ulcers
NRFA	Pain after eating
NRFA	Heartburn medication
NRFA	Indigestion or bloating
NRFA	Abdominal cramps or pain
NRFA	Irritable Bowel Syndrome
NRFA	Diarrhea
NRFA	Inflammed intestine - "Leaky Gut"
NRFA	Dark black / tarry stools
NRFA	Blood on the toilet paper
NRFA	Chron's Disease
NRFA	Ulcerative Colitis
NRFA	Colon polyps
NRFA	Diverticulitis
N R F A N R F A	Constipation Laxitives
NRFA	Urinary tract infections
NRFA	Kidney stones
NRFA	Blood in your urine
NRFA	Bed wetting
NRFA	Urinary discharge (abnormal)
NRFA	Dark or smelly urine
NRFA	Over-active bladder
NRFA	Urinary urgency
N R F A N R F A	Urinary hesitancy
NRFA	Headaches or migraines Stiffness or muscle spasms
NRFA	Bone pains
NRFA	Difficulty exercising
NRFA	Fibromyalgia
NRFA	Chronic fatigue syndrome
NRFA	Back pain or neck pain
NRFA	Joint pain
NRFA	Arthritis
NRFA	Rheumatoid arthritis
N R F A N R F A	Muscle weakness Osteoporosis
NRFA	Muscle relaxors
NRFA	Seizures
NRFA	Anti-depressants
NRFA	Pain medications
NRFA	Multiple sclerosis
NRFA	Numbness or tingling
NRFA	Poor coordination
NRFA	ADD / ADHD learning disorders
N R F A N R F A	Brain fog - lack of concentration Anxiety / anxiousness
NRFA	Problems relaxing
NRFA	Feelings of worthlessness
NRFA	Allergies
NRFA	Sick more often
NRFA	Swollen glands
NRFA	Recently taken antibiotics
NRFA	Sclerodermea or Sjogrens disease
NRFA	Fever blisters or cold sores
N R F A N R F A	Warts Sore threat
NRFA	Sore throat Cholesterol problems
NRFA	Cholesterol medication
NRFA	Gall bladder attacks