

# CHIROPRACTIC PHYSICIANS GROUP

Joseph M. Valeriote, D.C. AnnaMarie F. Valeriote, D.C.

## WELCOME TO OUR OFFICE!

DATE: \_\_\_\_\_

### Patient Information

Name \_\_\_\_\_ SS# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Sex: ☐ M ☐ F  
LAST FIRST M  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
DOB \_\_\_\_\_ AGE \_\_\_\_\_ Home Ph# \_\_\_\_\_ Other #: \_\_\_\_\_  
Check Appropriate Box: ☐ Single ☐ Married ☐ Divorced ☐ Separated ☐ Widowed ☐ Minor  
Patient or Parent/Guardian's Employer: \_\_\_\_\_ Bus Ph# \_\_\_\_\_  
Co. Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Occupation \_\_\_\_\_ Email Address \_\_\_\_\_ State \_\_\_\_\_  
Spouse's Name \_\_\_\_\_ Employer \_\_\_\_\_ Bus Ph# \_\_\_\_\_

### IN CASE OF EMERGENCY, WHO SHOULD WE CONTACT?

Name \_\_\_\_\_ Ph# \_\_\_\_\_ Relationship \_\_\_\_\_

### Primary Insurance

Name of Insured(on card) \_\_\_\_\_ Relationship to Patient \_\_\_\_\_  
Address(if different from patient) \_\_\_\_\_ Ph# \_\_\_\_\_  
InsuranceCo. \_\_\_\_\_ Address \_\_\_\_\_  
Group# \_\_\_\_\_ ID# \_\_\_\_\_ Ph# \_\_\_\_\_  
Amount of Deductible? \$ \_\_\_\_\_ How much has been met? \$ \_\_\_\_\_ Max. Annual Benefits? \$ \_\_\_\_\_  
Insured's Employer \_\_\_\_\_ Occupation \_\_\_\_\_ Date Employed \_\_\_\_\_  
Bus.Ph# \_\_\_\_\_ Insured's SS# \_\_\_\_\_ Insured's DOB \_\_\_\_\_

Do you have any additional insurance? ☐ YES ☐ NO (If Yes, then complete the following Secondary Insurance section)

### Secondary Insurance

Name of Insured(on card) \_\_\_\_\_ Relationship to Patient \_\_\_\_\_  
Address(if different from patient) \_\_\_\_\_ Ph# \_\_\_\_\_  
InsuranceCo. \_\_\_\_\_ Address \_\_\_\_\_  
Group# \_\_\_\_\_ ID# \_\_\_\_\_ Ph# \_\_\_\_\_  
Amount of Deductible? \$ \_\_\_\_\_ How much has been met? \$ \_\_\_\_\_ Max. Annual Benefits? \$ \_\_\_\_\_  
Insured's Employer \_\_\_\_\_ Occupation \_\_\_\_\_ Date Employed \_\_\_\_\_  
Bus.Ph# \_\_\_\_\_ Insured's SS# \_\_\_\_\_ Insured's DOB \_\_\_\_\_

### Assignment and Release

I hereby authorize Chiropractic Physicians Group, Dr's Joseph and/or AnnaMarie Valeriote, to release all information acquired in the course of my(or my child's) examination and/or treatment, to secure the payment of benefits. I hereby assign and grant the benefits that I am eligible to receive for professional services in this office rendered to Chiropractic Physician's Group. I understand that I am financially responsible for all those charges not paid for by my insurance. I authorize the use of this signature on all insurance submissions.

X \_\_\_\_\_ Relationship \_\_\_\_\_ Date \_\_\_\_\_  
Signature of Patient (or parent/guardian if minor) (To patient)

# HEALTH HISTORY

Welcome to our practice. As a new patient, please fill out the information found below to the best of your ability.

Patient Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Date: \_\_\_\_\_ Patient # \_\_\_\_\_

Chief Complaint: \_\_\_\_\_

## History of present illness:

Location: \_\_\_\_\_  
(Where is the pain/problem?)

Severity \_\_\_\_\_  
(How severe is the pain/problem on a scale of 1-5 with 5 being the most severe?)

Timing \_\_\_\_\_  
(Does the pain/problem occur at a specific time?)

Associated signs/symptoms \_\_\_\_\_  
(What other associated problems have you been having?)

Quality \_\_\_\_\_  
(Example: normal versus abnormal color, activity, etc.)

Duration \_\_\_\_\_  
(How long have you had this pain/problem?, or, When did it start?)

Context \_\_\_\_\_  
(Where were you at the onset of this pain/problem?)

Modifying factors \_\_\_\_\_  
(What makes the pain/problem worse or better?, or, Have you had previous episodes?)

## Past Medical History

Have you ever had the following: (Circle "no" or "yes", leave blank if uncertain)

Measles .....	no	yes	Anemia .....	no	yes	Back trouble .....	no	yes	Hepatitis .....	no	yes
Mumps .....	no	yes	Bladder Infections .....	no	yes	High Blood Pressure .....	no	yes	Ulcer .....	no	yes
Chickenpox .....	no	yes	Epilepsy .....	no	yes	Low Blood Pressure .....	no	yes	Kidney Disease .....	no	yes
Whooping Cough .....	no	yes	Migraine Headaches .....	no	yes	Hemorrhoids .....	no	yes	Thyroid Disease .....	no	yes
Scarlet Fever .....	no	yes	Tuberculosis .....	no	yes	Date of last chest x-ray .....			Bleeding Tendency .....	no	yes
Diphtheria .....	no	yes	Diabetes .....	no	yes	Asthma .....	no	yes	Any other disease .....	no	yes
Smallpox .....	no	yes	Cancer .....	no	yes	Hives or Eczema .....	no	yes	(please list):		
Pneumonia .....	no	yes	Polio .....	no	yes	AIDS or HIV+ .....	no	yes			
Rheumatic Fever .....	no	yes	Glaucoma .....	no	yes	Infectious Mono .....	no	yes			
Heart Disease .....	no	yes	Hernia .....	no	yes	Bronchitis .....	no	yes			
Arthritis .....	no	yes	Blood or Plasma Transfusions .....	no	yes	Mitral Valve Prolapse .....	no	yes			
Venereal Disease .....	no	yes				Stroke .....	no	yes			

Previous Hospitalizations/Surgeries/Serious Illnesses	When?	Hospital, City, State
_____	_____	_____
_____	_____	_____
_____	_____	_____

Medications: (Include nonprescription) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Patient social history:

Marital status	Single: _____	Married: _____	Separated: _____	Divorced: _____	Widowed: _____
Use of alcohol:	Never: _____	Rarely: _____	Moderate: _____	Daily: _____	
Use of tobacco:	Never: _____	Previously, but quit: _____		Current packs / day: _____	
Use of drugs:	Never: _____	Type/Frequency: _____			
Excessive exposure at home or work to:	Fumes: _____	Dust: _____	Solvents: _____	Air-borne Particles: _____	Noise: _____

## Family medical history:

	Age	Diseases	If Deceased, Cause of Death
Father	_____	_____	_____
Mother	_____	_____	_____
Siblings	_____	_____	_____
	_____	_____	_____
Spouse	_____	_____	_____
Children	_____	_____	_____
	_____	_____	_____
	_____	_____	_____

# Review of Systems: Please indicate a

# Personal history below:

## ☐ Constitutional Symptoms

Good general health lately . . . . No Yes  
Recent weight change . . . . No Yes  
Fever . . . . No Yes  
Fatigue . . . . No Yes  
Headaches . . . . No Yes

## ☐ Eyes

Eye disease or injury . . . . No Yes  
Wear glasses/contact lenses . . . No Yes  
Blurred or double vision . . . . No Yes

## ☐ Ears/Nose/Mouth/Throat

Hearing loss or ringing . . . . No Yes  
Earaches or drainage . . . . No Yes  
Chronic sinus problem or rhinitis . No Yes  
Nose bleeds . . . . No Yes  
Mouth sores . . . . No Yes  
Bleeding gums . . . . No Yes  
Bad breath or bad taste . . . . No Yes  
Sore throat or voice change . . . No Yes  
Swollen glands in neck . . . . No Yes

## ☐ Cardiovascular

Heart trouble . . . . No Yes  
Chest pain or angina pectoris . . No Yes  
Palpitation . . . . No Yes  
Shortness of breath w/walking  
or lying flat . . . . No Yes  
Swelling of feet, ankles or hands . No Yes

## ☐ Respiratory

Chronic or frequent coughs . . . No Yes  
Spitting up blood . . . . No Yes  
Shortness of breath . . . . No Yes  
Wheezing . . . . No Yes

## ☐ Gastrointestinal

Loss of appetite . . . . No Yes  
Change in bowel movements . . . No Yes  
Nausea or vomiting . . . . No Yes  
Frequent diarrhea . . . . No Yes  
Painful bowel movements  
or constipation . . . . No Yes  
Rectal bleeding or blood in stool . No Yes  
Abdominal pain . . . . No Yes

## ☐ Genitourinary

Frequent urination . . . . No Yes  
Burning or painful urination . . . No Yes  
Blood in urine . . . . No Yes  
Change in force of strain  
when urinating . . . . No Yes  
Incontinence or dribbling . . . . No Yes  
Kidney stones . . . . No Yes  
Sexual difficulty . . . . No Yes  
Male - testicle pain . . . . No Yes  
Female - pain with periods . . . . No Yes  
Female - irregular periods . . . . No Yes  
Female - vaginal discharge . . . . No Yes  
Female - # of pregnancies . . . .  
Female - # of miscarriages . . . .  
Female - date of last pap smear . . .

## ☐ Musculoskeletal

Joint pain . . . . No Yes  
Joint stiffness or swelling . . . . No Yes  
Weakness of muscles or joints . . No Yes  
Muscle pain or cramps . . . . No Yes  
Back pain . . . . No Yes  
Cold extremities . . . . No Yes  
Difficulty in walking . . . . No Yes

## ☐ Integumentary (skin, breast)

Rash or itching . . . . No Yes  
Change in skin color . . . . No Yes  
Change in hair or nails . . . . No Yes  
Varicose veins . . . . No Yes  
Breast pain . . . . No Yes  
Breast lump . . . . No Yes  
Breast discharge . . . . No Yes

## ☐ Neurological

Frequent or recurring headaches . No Yes  
Light headed or dizzy . . . . No Yes  
Convulsions or seizures . . . . No Yes  
Numbness or tingling sensations . No Yes  
Tremors . . . . No Yes  
Paralysis . . . . No Yes  
Head injury . . . . No Yes

## ☐ Psychiatric

Memory loss or confusion . . . . No Yes  
Nervousness . . . . No Yes  
Depression . . . . No Yes  
Insomnia . . . . No Yes

## ☐ Endocrine

Glandular or hormone problem . No Yes  
Excessive thirst or urination . . . No Yes  
Heat or cold intolerance . . . . No Yes  
Skin becoming dryer . . . . No Yes  
Change in hat or glove size . . . No Yes

## ☐ Hematologic/Lymphatic

Slow to heal after cuts . . . . No Yes  
Bleeding or bruising tendency . . No Yes  
Anemia . . . . No Yes  
Phlebitis . . . . No Yes  
Past transfusion . . . . No Yes  
Enlarged glands . . . . No Yes

## ☐ Allergic/Immunologic

History of skin reaction or other adverse  
reaction to:  
Penicillin or other antibiotics . . No Yes  
Morphine, Demerol,  
or other narcotics . . . . No Yes  
Novocain or other anesthetics . . No Yes  
Aspirin or other pain remedies . . No Yes  
Tetanus antitoxin  
or other serums . . . . No Yes  
Iodine, Merthiolate or  
other antiseptic . . . . No Yes  
Other drugs/medications: \_\_\_\_\_

Known food allergies: \_\_\_\_\_

Environmental allergies: \_\_\_\_\_

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the doctor's office of any changes in my medical status. I also authorize the healthcare staff to perform the necessary services I may need.

Signature of Patient, Parent or Guardian

Date

Doctor's Review

Signature of Doctor

Date

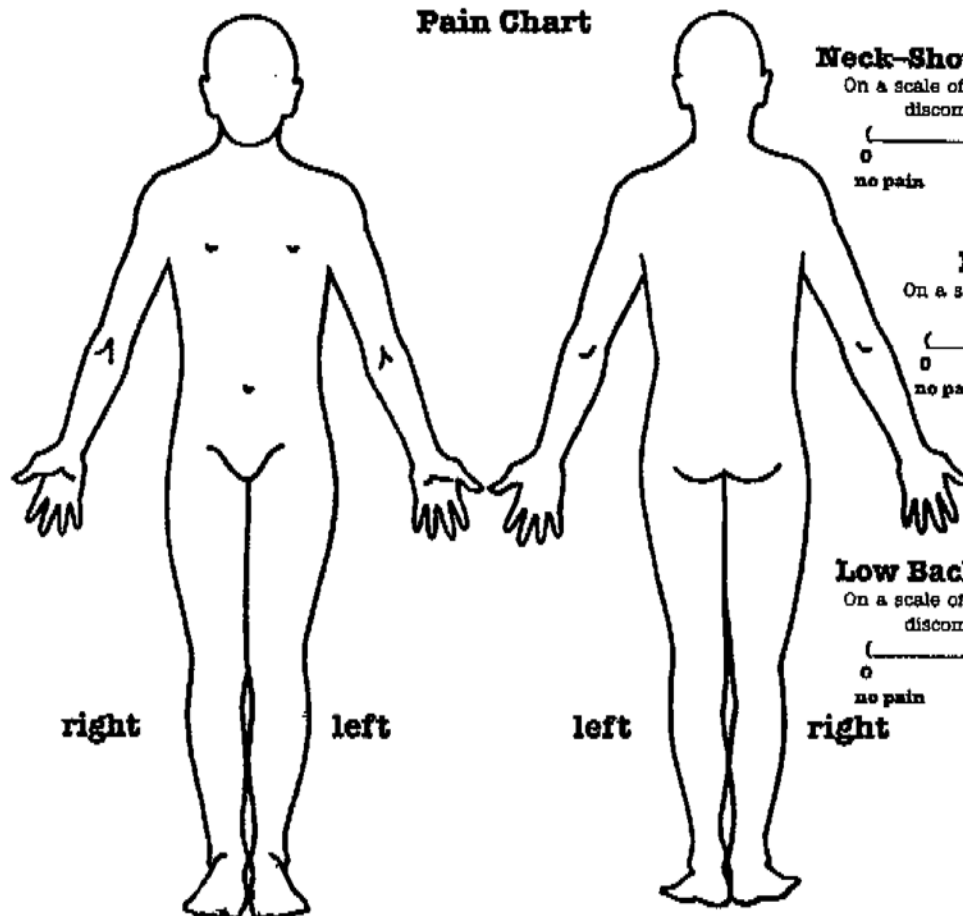
# SHOW AREA(S) OF PAIN OR UNUSUAL FEELING

Mark the areas on this body where you feel the described sensations.  
Use the appropriate symbols.  
Mark areas of radiation.  
Include all affected areas.

Numbness	Pins & Needles	Burning	Aching	Stabbing
-----	00000	XXXXXX	*****	/////
-----	00000	XXXXXX	*****	/////
-----	00000	XXXXXX	*****	/////

Please mark on the pain scale from Zero to 10 the pain you feel with this condition. 10 being the worst pain you have felt with this condition.

## Pain Chart



### Neck-Shoulder-Arm Pain

On a scale of zero to 10, I rate my discomfort as follows:

( \_\_\_\_\_ )  
0 10  
no pain severe pain

### Mid Back Pain

On a scale of zero to 10, I rate my discomfort as follows:

( \_\_\_\_\_ )  
0 10  
no pain severe pain

### Low Back and Leg Pain

On a scale of zero to 10, I rate my discomfort as follows:

( \_\_\_\_\_ )  
0 10  
no pain severe pain

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

## **Notice of Privacy Practices**

**This Notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.**

We care about our patients' privacy and strive to protect the confidentiality of your medical information at this practice. New federal legislation requires that we this official notice of our privacy practices. You have the right to the confidentiality of your medical information, and this practice is required by law to maintain the privacy of that protected health information. This practice is required to abide by the terms of the Notice of Privacy Practices currently in effect, and to provide notice of its legal duties and privacy practices with respect to protected health information. If you have any questions about this Notice, please contact the Privacy Officer at this practice.

### **Who Will Follow This Notice**

Any health care professional authorized to enter information into your medical record, all employees, staff and other personnel at this practice who may need access to your information must abide by this Notice. All subsidiaries, business associates (e.g. a billing service), sites and locations of this practice may share medical information with each other for treatment, payment purposes or health care operations described in this Notice. Except where treatment is involved, only the minimum necessary information needed accomplish the task will be shared.

### **Who We May Use and Disclose Medical Information About You**

The following categories describe different ways that we may use and disclose medical information without your specific consent or authorization. Examples are provided for each category of uses or disclosures. Not every possible use or disclosure in a category is listed.

**For Treatment.** We may use medical information about you to provide you with medical treatment or services.

Example: In treating you for a specific condition, we may need to know if you have allergies that could influence which medications we prescribe for the treatment process.

**For Payment.** We may use and disclosure medical information about you so that the treatment and services you receive from us may be billed and payment may be collected from you, an insurance company or a third party. Example: We may need to send your protected health information, such as your name, address, office visit date, and codes identifying your diagnosis and treatment to you insurance company for payment.

**For Health Care Operations.** We may use and disclose medical information about you for health care operations to assure that you receive quality care. Example: We may use medical information to review our treatment and services and evaluate the performance of our staff in caring for you.

### **Other Uses or Disclosures That Can Be Made Consent or Authorization**

- As required during an investigation by law enforcement agencies
- To avert a serious threat to public health or safety
- As required by military command authorities for their medical records
- To worker's compensation or similar programs for processing of claims
- In response to a legal proceeding
- To a coroner or medical examiner for identification of a body
- If an inmate, to the correctional institution of law enforcement official
- As required by the US Food and Drug Administration (FDA)
- Other healthcare provider's treatment activities
- Other covered entities' and providers' payment activities
- Other covered entities' and healthcare operations activities ( to the extent permitted under HIPAA)
- Uses and disclosures required by law
- Uses and disclosures in domestic violence or neglect situations
- Health oversight activities

We may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

## **Uses and Disclosure of Protected Health Information Requiring Your Written Authorization**

Other uses and disclosures of medical information not covered by this Notice or the laws that apply to us will be made only with your written authorization. If you give us authorization to use or disclose medical information about you, you may revoke that authorization, in writing, at any time. If you revoke your authorization, we will thereafter no longer use or disclose medical information about you for the reasons covered by your written authorization. You understand that we are unable to take back any disclosures we have already made with your authorization, and that we are required to retain our records of the care we have provided you.

## **Your Individual Rights Regarding Your Medical Information**

**Complaints.** If you believe your privacy rights have been violated, you may file a complaint with the Privacy Officer at this practice or with the Secretary of the Department of Health and Human Services. All complaints must be submitted in writing. You will not be penalized or discriminated against for filing a complaint.

**Right To Request Restrictions.** You have the right to request a restriction or limitation on the medical information we use or disclose about you for treatment, payment or health care operations or to someone who is involved in your care or the payment for your care. We are not required to agree to your request. If we do agree, we will comply with your request unless the information is needed to provide you with emergency treatment. To request restrictions, you must submit your request in writing to the Privacy Officer at this practice. In your request, you must tell us what information you want to limit.

**Right to Request Confidential Communications.** You have the right to request how we should send communications to you about medical matters, and where you would like those communications sent. To request confidential communications, you must make your request to the Privacy Officer at this practice. We will not ask you the reason for your request. We will accommodate all reasonable requests. Your request must specify how or where you wish to be contacted. We reserve the right to deny a request if it imposes an unreasonable burden on the practice.

**Right to Inspect and Copy.** You have the right to inspect and copy medical information that may be used to make decisions about your care. Usually this includes medical and billing records but does not include psychotherapy notes, information compiled for use in a civil, criminal, or administrative action or proceeding, and protected health information to which access is prohibited by law. To inspect and copy medical information that may be used to make decisions about you, you must submit your request in writing to the Privacy Officer at this practice. If you request a copy of the information, we reserve the right to charge a fee for the costs of copying, mailing or other supplies associated with your request. We may deny your request to inspect and copy in certain very limited circumstances. If you are denied access to medical information, you may request that the denial be reviewed. Another licensed health care professional chosen by this practice will review your request and the denial. The person conducting the review will not be the person who denied your request. We will comply with the outcome of the review.

**Right to Amend.** If you feel that medical information we have about you is incorrect or incomplete, you may ask us to amend the information. You have the right to request an amendment for as long as the information is kept. To request an amendment, your request must be made in writing and submitted to Privacy Officer at this practice. In addition, you must provide a reason that supports your request. We may deny your request for an amendment if it is not in writing or does not include a reason to support the request. In addition, we may deny your request if the information was not created by us, is not part of the medical information kept at this practice, is not part of the information which you would be permitted to inspect and copy, or which we deem to be accurate and complete. If we deny your request for amendment, you have the right to file a statement of disagreement with us. We may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal. Statement of disagreement and any corresponding rebuttals will be kept on file and sent out with any future authorized request for information pertaining to the appropriate portion of your record.

**Right to an Accounting of Non-Standard Disclosures.** You have the right to request a list of the disclosures we made of medical information about you. To request this list, you must submit your request to the Privacy Officer at this practice. Your request must state the time period for which you want to receive a list of disclosures that is no longer than six years, and may not include dates before April 14, 2003. Your request should indicate in what form you want the list (example: on paper or electronically). The first list you request within a 12-month period will be free. For additional lists, we reserve the right to charge you for the cost of providing the list.

**Right to a Paper Copy of This Notice.** You have the right to a paper copy of this Notice at any time. Even if you have agreed to receive this notice electronically, you are still entitled to a paper copy. To obtain a paper copy of the current Notice, please request one in writing from the Privacy Officer at this practice.

## **Changes To This Notice**

We reserve the right to change this Notice. We reserve the right to make the revised or changed Notice effective for medical information we already have about you as well as any information we receive in the future. We will post a copy of the current Notice, with the effective date in the upper right corner of the first page.

Patient Signature \_\_\_\_\_