

## **Patient Case History**

Patient Name:		Date:				
Address:		City:				
Home phone:	Cell Phone:	Carrier:				
Date of Birth:	Age:	S.S.#:				
Email:	Referre	d by:				
Occupation:	Employe	er:				
Are there any condition(s	your primary physician	treating you for currently?				
	u taking currently? (You n	nay submit a list)				
	ries:					
Are you pregnant now? Y Were any births C-section		dren do you have ?				
Do you smoke? Yes No Do you drink alcohol? Y	If yes, how much? les No □ Casually □ Da	nily				
Level of education: □ his	gh school □ some college	□ college graduate □ post graduate				
How often do you exerci	se? □ Daily □ 3x week □	2x week □ 1x week □ I don't exercise				
What nutritional supplem	ents do you take regularly	?				
What is your main compl	aint?					
Does it radiate to another	body part? If so, where?					
When did your complain	t begin?					
Patient Signature						



## **Health / Family History** Circle any conditions that currently apply

**General** fainting chills convulsions depression dizziness loss of weight fatigue fever headache loss of sleep weight gain neuralgia night sweats wheezing nervousness

**Gastro-Intestinal** constipation diarrhea gall bladder issues hemorrhoids jaundice nausea liver problems stomach pain poor appetite poor digestion

**Ear Nose & Throat** crossed eyes deafness earache ear discharge ear noises enlarged thyroid frequent colds hay fever hoarseness nasal obstruction nose bleeds pain in eyes poor vision sinusitis sore throat tonsillitis

**Respiratory** asthma chest pain chronic cough difficulty breathing spitting blood spitting phlegm

**Muscles/Joints/Bones** backache foot problems pain between shoulder blades painful tailbone stiff neck spinal curvature swollen joints tremors twitching weakness

**Cardiovascular** ankle swelling high blood pressure low blood pressure heart trouble pain over heart poor circulation rapid heart slow heart strokes

Skin / Allergies bruise easily dryness eczema hives itching

Women cramps excessive flow hot flashes irregular cycle painful periods

Do	you have a	pacemaker?	Yes	No	Family doctor	

Family History: Mark the following conditions as they apply

Condition	You	Mother	Father	Sister	Brother
Diabetes					
Heart Issues					
Kidney Issues					
Cancer					
Headaches					
Back Pain					
Obesity					

If cancer, what type? _		
Patient Signature:		