

Notice of Privacy Practices: Alvey Chiropractic

Effective Date: February 16, 2026

Address: 2704 S. Medford, Lufkin, TX 75901

Privacy Officer: Tina Alvey, D.C. frontdesk@dralvey.com

1. Your Rights

When it comes to your health information, you have certain rights. You can:

- **Get an electronic or paper copy of your record:** Under **Texas Law (HB 300)**, we must provide this within **15 business days** of your written request (faster than the federal 30-day limit).
- **Correct your record:** Ask us to amend health information you think is incorrect.
- **Request confidential contact:** Ask us to contact you in a specific way (e.g., home vs. office phone).
- **Limit what we share:** You can ask us not to use or share certain health information for treatment, payment, or operations. If you pay for a service **out-of-pocket in full**, you have the right to restrict sharing that information with your health insurer.
- **Get a list of those with whom we've shared information:** You can ask for an accounting of disclosures.

2. Our Uses and Disclosures

We typically use or share your health information in the following ways:

- **Treat you:** Sharing info with other professionals who are treating you (e.g., referring a patient to a specialist).
- **Run our office:** Using info to manage your treatment and services.
- **Bill for your services:** We can use and share your health information to bill and get payment from health plans or other entities.

3. Required 2026 Federal Updates (Substance Use Disorder)

As of February 2026, federal law requires us to notify you that:

- **Heightened Protections:** If we create or maintain records protected under **42 CFR Part 2** (Substance Use Disorder treatment records), we will not use or disclose those records in legal proceedings against you without your specific written consent or a specialized court order.

- **Fundraising:** If we were to use Part 2 records for fundraising, you have a clear, prominent right to opt out.
- **Redisclosure:** Information disclosed pursuant to an authorization may be at risk of "redisclosure" by the recipient and may no longer be protected by federal privacy rules.

4. Texas-Specific Inserts (HB 300 Compliance)

- **Notice of Electronic Disclosure:** We are required by Texas law to notify you that your Protected Health Information (PHI) is subject to **electronic disclosure**. We will obtain your separate authorization for electronic disclosures that are not for treatment, payment, healthcare operations, or otherwise authorized by law.
- **Marketing & Sale of Info:** We will **never** sell your PHI or use it for marketing purposes without your express written authorization.

5. Our Responsibilities

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information. In Texas, we must notify the **Texas Attorney General** of breaches affecting 250 or more residents.