

PATIENT REGISTRATION

Title: Mr./Mrs./Ms./Dr./Rev./Rank _____ Date _____
Last Name _____ First Name _____ M.I. _____ Nickname _____
Address _____ City _____ State _____ Zip _____
Mobile Phone _____ Home Phone _____ Work Phone _____
E-Mail _____ SSN _____
Date of Birth _____ Age _____ Gender: M F Marital Status: S M W D
Employer Name _____ Occupation _____
Spouse Name _____ Phone _____
Spouses Employer _____ Occupation _____
Are you pregnant? Yes No If so how many weeks? _____
Children (names, ages) _____
Most of our patients are referred by a family member or friend, what made you decide to visit our office?
☐ Friend or Family Member Name _____
☐ Yellow Pages ☐ Website ☐ Presentation ☐ Sign ☐ Newspaper ☐ Other _____

PURPOSE OF THIS VISIT

Reason for this visit – Main Complaint _____
In this related is an auto accident or work injury? Yes No If yes, when _____
When did this condition begin? ____/____/____ Did it begin: Gradually Suddenly
What activities aggravate your symptoms? _____
Is there anything that has relieved your symptoms? Yes No Describe _____
Type of pain: Sharp Dull Ache Burning Throbbing Spasm Numbness Tingling Shooting
Does the pain radiate into your arms or legs? Yes No Is the condition getting worse? Yes No
How often do you experience these symptoms throughout the day? 100% 75% 50% 25% 10% Only with activity
Does your complaint interfere with: ___Work ___Sleep ___Hobbies ___Daily Routine Explain _____
Have you experienced this condition before? Yes No If yes, please explain _____
Who have you seen for this? _____ What did they do? _____
How did you respond? _____
Please list any other complaints:
1. _____
2. _____
3. _____
4. _____

Please list any health conditions not mentioned:

1. _____
2. _____
3. _____

Please list any medications you are currently taking and their purpose:

1. _____
2. _____
3. _____

Please list all past surgeries:

1. _____
2. _____
3. _____

Please list any previous accidents and injuries:

1. _____
2. _____
3. _____

HEALTH LIFESTYLE

Do you exercise? Yes No How often? 1X 2X 3X 4X 5X per week Other _____

What activities? Running Weights Cycling Yoga Pilates Swimming Other _____

Do you smoke? Yes No How many packs per day? _____

Do you drink alcohol? Yes No What and how much? _____

Do you drink coffee? Yes No How many cups per day? _____

Do you drink soda? Yes No How many per 12 oz. servings per day? _____

Do you drink water? Yes No How much per day? _____

Do you eat vegetables and fruits? Yes No How many servings per day? _____

Do you take any supplements (i.e. vitamins, minerals, herbs)? _____

EXPERIENCE WITH CHIROPRACTIC

Have you seen a chiropractor before? Yes No Who? _____ When? _____

Reason for visits? _____

What treatments were given? _____

How did you respond? _____

Did your previous chiropractor take before and after x-rays? Yes No

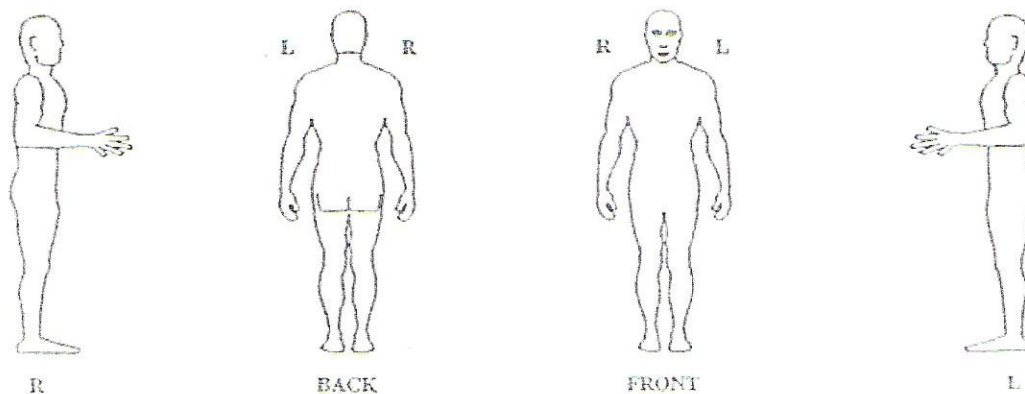
Did you know your posture has a significant effect on your health? Yes No

Are you aware of any of your poor posture habits? Yes No Explain _____

Are you aware of any poor posture habits in your spouse or children? Yes No Explain _____

AREA(S) OF COMPLAINT

Place "X's" on the area(s) where you have pain and draw lines to where it radiates:



HEALTH CONDITIONS

Posture distortions are the result of trauma or chronic poor posture. These distortions not only represent a change in the shape of the spine, but the stress it puts on the individual bones (vertebrae) causes them to be twisted from their normal position. This dysfunction, called a subluxation, puts stress on your spinal cord and the delicate nerves that pass between each of the vertebrae. The most common postural distortion is called "Head Forward Syndrome" which is a hunched forward posture that starts in the neck and has a domino effect on the rest of the spine weakening the entire spine and therefore body. Please mark any health condition you may be experiencing at present or in the past.

CERVICAL SPINE (NECK)

Subluxations in your neck weaken the nerves that go to your shoulders, arms, hands and head and can cause the following problems; do you have any of these?

- | | | |
|------------------------------------|--|--|
| <input type="checkbox"/> Neck pain | <input type="checkbox"/> Pain into your shoulders/arms/hands | <input type="checkbox"/> Coldness in hands |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Numbness/tingling in arms/hands | <input type="checkbox"/> Thyroid condition |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Hearing disturbances | <input type="checkbox"/> Recurrent colds/flu |
| <input type="checkbox"/> Sinusitis | <input type="checkbox"/> Weakness in grip | <input type="checkbox"/> Low energy/fatigue |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Visual disturbances | <input type="checkbox"/> TMJ pain/clicking |

THORACIC SPINE (UPPER AND MID BACK)

Subluxations in your upper and mid back weaken the nerves that go to your lungs, heart, ribs/chest, and upper digestive tract; do you have any of these?

- | | | |
|---|---|---|
| <input type="checkbox"/> Heart palpitations | <input type="checkbox"/> Heart attacks/angina | <input type="checkbox"/> Recurrent lung infections/bronchitis |
| <input type="checkbox"/> Heart murmurs | <input type="checkbox"/> Asthma/wheezing | <input type="checkbox"/> Pain on deep inspiration/expiration |
| <input type="checkbox"/> Tachycardia | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Hypoglycemia |
| <input type="checkbox"/> Mid back pain | <input type="checkbox"/> Reflux | <input type="checkbox"/> Indigestion/Heartburn |
| <input type="checkbox"/> Rib/chest pain | <input type="checkbox"/> Nausea | <input type="checkbox"/> Ulcers/Gastritis |

LUMBAR SPINE (LOW BACK)

Subluxations in your low back weaken the nerves that go to your lower bowel, pelvic organs, legs and feet; do you have any of these?

- | | |
|--|--|
| <input type="checkbox"/> Pain into your hips/legs/feet | <input type="checkbox"/> Weakness in your hips/knees/ankles |
| <input type="checkbox"/> Low back pain | <input type="checkbox"/> Muscle cramps in your legs/feet |
| <input type="checkbox"/> Constipation/diarrhea | <input type="checkbox"/> Numbness/tingling in your legs/feet |
| <input type="checkbox"/> Coldness in your legs/feet | <input type="checkbox"/> Frequent/difficulty urinating |
| <input type="checkbox"/> Cramps in your legs/feet | <input type="checkbox"/> Menstrual irregularities/cramping |
| <input type="checkbox"/> Sexual dysfunction | |

SYMPTOM SURVEY FORM

Patient _____ Doctor _____ Date _____
 Birth Date ____/____/____ Approx Weight _____ Sex: Male ☐ Female ☐
 Pulse: Recumbent _____ Standing _____ Vegetarian: Yes ☐ No ☐
 Blood pressure: Recumbent ____/____ Standing ____/____ Ragland's Test is Positive ☐

INSTRUCTIONS: Fill in only the circles which apply to you.
 ● ○ ○ MILD symptoms (occurred once or twice last 6 months).
 ○ ● ○ MODERATE symptoms (occurred once or twice last month).
 ○ ○ ● SEVERE symptoms (chronic, occurred once or twice last week).
 ○ ○ ○ Leave circles BLANK if they don't apply to you!

- 1 2 3 GROUP 1
- 1 ○ ○ ○ Acid foods upset
 - 2 ○ ○ ○ Get chilled often
 - 3 ○ ○ ○ "Lump" in throat
 - 4 ○ ○ ○ Dry mouth-eyes-nose
 - 5 ○ ○ ○ Pulse speeds after meal
 - 6 ○ ○ ○ Keyed up - fail to calm
 - 7 ○ ○ ○ Cut heals slowly
 - 8 ○ ○ ○ Gag easily
 - 9 ○ ○ ○ Unable to relax; startles easily
 - 10 ○ ○ ○ Extremities cold, clammy
 - 11 ○ ○ ○ Strong light irritates
 - 12 ○ ○ ○ Urine amount reduced
 - 13 ○ ○ ○ Heart pounds after retiring
 - 14 ○ ○ ○ "Nervous" stomach
 - 15 ○ ○ ○ Appetite reduced
 - 16 ○ ○ ○ Cold sweats often
 - 17 ○ ○ ○ Fever easily raised
 - 18 ○ ○ ○ Neuralgia-like pains
 - 19 ○ ○ ○ Staring, blinks little
 - 20 ○ ○ ○ Sour stomach often
- GROUP 2
- 21 ○ ○ ○ Joint stiffness on arising
 - 22 ○ ○ ○ Muscle-leg-toe cramps at night
 - 23 ○ ○ ○ "Butterfly" stomach, cramps
 - 24 ○ ○ ○ Eyes or nose watery
 - 25 ○ ○ ○ Eyes blink often
 - 26 ○ ○ ○ Eyelids swollen, puffy
 - 27 ○ ○ ○ Indigestion soon after meals
 - 28 ○ ○ ○ Always seems hungry; feels "lightheaded" often
 - 29 ○ ○ ○ Digestion rapid
 - 30 ○ ○ ○ Vomiting frequent
 - 31 ○ ○ ○ Hoarseness frequent
 - 32 ○ ○ ○ Breathing irregular
 - 33 ○ ○ ○ Pulse slow; feels "irregular"
 - 34 ○ ○ ○ Gagging reflex slow
 - 35 ○ ○ ○ Difficulty swallowing
 - 36 ○ ○ ○ Constipation, diarrhea alternating
 - 37 ○ ○ ○ "Slow starter"
 - 38 ○ ○ ○ Get "chilled" infrequently
 - 39 ○ ○ ○ Perspire easily
 - 40 ○ ○ ○ Circulation poor, sensitive to cold
 - 41 ○ ○ ○ Subject to colds, asthma, bronchitis
- GROUP 3
- 42 ○ ○ ○ Eat when nervous
 - 43 ○ ○ ○ Excessive appetite
 - 44 ○ ○ ○ Hungry between meals
 - 45 ○ ○ ○ Irritable before meals
 - 46 ○ ○ ○ Get "shaky" if hungry
 - 47 ○ ○ ○ Fatigue, eating relieves
 - 48 ○ ○ ○ "Lightheaded" if meals delayed
 - 49 ○ ○ ○ Heart palpitates if meals missed or delayed
 - 50 ○ ○ ○ Afternoon headaches
 - 51 ○ ○ ○ Overeating sweets upsets

- 1 2 3
- 52 ○ ○ ○ Awaken after few hours sleep - hard to get back to sleep
 - 53 ○ ○ ○ Crave candy or coffee in afternoons
 - 54 ○ ○ ○ Moods of depression - "blues" or melancholy
 - 55 ○ ○ ○ Abnormal craving for sweets or snacks
- GROUP 4
- 56 ○ ○ ○ Hands and feet go to sleep easily, numbness
 - 57 ○ ○ ○ Sigh frequently, "air hunger"
 - 58 ○ ○ ○ Aware of "breathing heavily"
 - 59 ○ ○ ○ High altitude discomfort
 - 60 ○ ○ ○ Opens windows in closed rooms
 - 61 ○ ○ ○ Susceptible to colds and fevers
 - 62 ○ ○ ○ Afternoon "yawner"
 - 63 ○ ○ ○ Get "drowsy" often
 - 64 ○ ○ ○ Swollen ankles, worse at night
 - 65 ○ ○ ○ Muscle cramps, worse during exercise; get "charley horses"
 - 66 ○ ○ ○ Shortness of breath on exertion
 - 67 ○ ○ ○ Dull pain in chest or radiating into left arm, worse on exertion
 - 68 ○ ○ ○ Bruise easily, "black and blue" spots
 - 69 ○ ○ ○ Tendency to anemia
 - 70 ○ ○ ○ "Nose bleeds" frequent
 - 71 ○ ○ ○ Noises in head, or "ringing in ears"
 - 72 ○ ○ ○ Tension under the breastbone, or feeling of "tightness", worse on exertion
- GROUP 5
- 73 ○ ○ ○ Dizziness
 - 74 ○ ○ ○ Dry skin
 - 75 ○ ○ ○ Burning feet
 - 76 ○ ○ ○ Blurred vision
 - 77 ○ ○ ○ Itching skin and feet
 - 78 ○ ○ ○ Excessive falling hair
 - 79 ○ ○ ○ Frequent skin rashes
 - 80 ○ ○ ○ Bitter, metallic taste in mouth in mornings
 - 81 ○ ○ ○ Bowel movements painful or difficult
 - 82 ○ ○ ○ Worrier, feels insecure
 - 83 ○ ○ ○ Feeling queasy; headache over eyes
 - 84 ○ ○ ○ Greasy foods upset
 - 85 ○ ○ ○ Stools light colored
 - 86 ○ ○ ○ Skin peels on foot soles
 - 87 ○ ○ ○ Pain between shoulder blades
 - 88 ○ ○ ○ Use laxatives
 - 89 ○ ○ ○ Stools alternate from soft to watery
 - 90 ○ ○ ○ History of gallbladder attacks or gallstones
 - 91 ○ ○ ○ Sneezing attacks
 - 92 ○ ○ ○ Dreaming, nightmare type bad dreams
 - 93 ○ ○ ○ Bad breath (halitosis)
 - 94 ○ ○ ○ Milk products cause distress
 - 95 ○ ○ ○ Sensitive to hot weather
 - 96 ○ ○ ○ Burning or itching anus
 - 97 ○ ○ ○ Crave sweets
- GROUP 6
- 98 ○ ○ ○ Loss of taste for meat
 - 99 ○ ○ ○ Lower bowel gas several hours after eating
 - 100 ○ ○ ○ Burning stomach sensations, eating relieves
 - 101 ○ ○ ○ Coated tongue
 - 102 ○ ○ ○ Pass large amounts of foul-smelling gas
 - 103 ○ ○ ○ Indigestion 1/2 - 1 hour after eating; may be up to 3-4 hrs.
 - 104 ○ ○ ○ Mucous colitis or "irritable bowel"
 - 105 ○ ○ ○ Gas shortly after eating
 - 106 ○ ○ ○ Stomach "bloating" after eating

- 1 2 3 GROUP 7A
- 107 ○ ○ ○ Insomnia
 - 108 ○ ○ ○ Nervousness
 - 109 ○ ○ ○ Can't gain weight
 - 110 ○ ○ ○ Intolerance to heat
 - 111 ○ ○ ○ Highly emotional
 - 112 ○ ○ ○ Flush easily
 - 113 ○ ○ ○ Night sweats
 - 114 ○ ○ ○ Thin, moist skin
 - 115 ○ ○ ○ Inward trembling
 - 116 ○ ○ ○ Heart palpitates
 - 117 ○ ○ ○ Increased appetite without weight gain
 - 118 ○ ○ ○ Pulse fast at rest
 - 119 ○ ○ ○ Eyelids and face twitch
 - 120 ○ ○ ○ Irritable and restless
 - 121 ○ ○ ○ Can't work under pressure

GROUP 7B

- 122 ○ ○ ○ Increase in weight
- 123 ○ ○ ○ Decrease in appetite
- 124 ○ ○ ○ Fatigue easily
- 125 ○ ○ ○ Ringing in ears
- 126 ○ ○ ○ Sleepy during day
- 127 ○ ○ ○ Sensitive to cold
- 128 ○ ○ ○ Dry or scaly skin
- 129 ○ ○ ○ Constipation
- 130 ○ ○ ○ Mental sluggishness
- 131 ○ ○ ○ Hair coarse, falls out
- 132 ○ ○ ○ Headaches upon arising, wear off during day
- 133 ○ ○ ○ Slow pulse, below 65
- 134 ○ ○ ○ Frequency of urination
- 135 ○ ○ ○ Impaired hearing
- 136 ○ ○ ○ Reduced initiative

GROUP 7C

- 137 ○ ○ ○ Failing memory
- 138 ○ ○ ○ Low blood pressure
- 139 ○ ○ ○ Increased sex drive
- 140 ○ ○ ○ Headaches, "splitting or rending" type
- 141 ○ ○ ○ Decreased sugar tolerance

GROUP 7D

- 142 ○ ○ ○ Abnormal thirst
- 143 ○ ○ ○ Bloating of abdomen
- 144 ○ ○ ○ Weight gain around hips or waist
- 145 ○ ○ ○ Sex drive reduced or lacking
- 146 ○ ○ ○ Tendency to ulcers, colitis
- 147 ○ ○ ○ Increased sugar tolerance
- 148 ○ ○ ○ Women: menstrual disorders
- 149 ○ ○ ○ Young girls: lack of menstrual function

GROUP 7E

- 150 ○ ○ ○ Dizziness
- 151 ○ ○ ○ Headaches
- 152 ○ ○ ○ Hot flashes
- 153 ○ ○ ○ Increased blood pressure
- 154 ○ ○ ○ Hair growth on face or body (female)
- 155 ○ ○ ○ Sugar in urine (not diabetes)
- 156 ○ ○ ○ Masculine tendencies (female)

GROUP 7F

- 157 ○ ○ ○ Weakness, dizziness
- 158 ○ ○ ○ Chronic fatigue
- 159 ○ ○ ○ Low blood pressure
- 160 ○ ○ ○ Nails weak, ridged
- 161 ○ ○ ○ Tendency to hives
- 162 ○ ○ ○ Arthritic tendencies
- 163 ○ ○ ○ Perspiration increase
- 164 ○ ○ ○ Bowel disorders
- 165 ○ ○ ○ Poor circulation
- 166 ○ ○ ○ Swollen ankles
- 167 ○ ○ ○ Crave salt
- 168 ○ ○ ○ Brown spots or bronzing of skin
- 169 ○ ○ ○ Allergies - tendency to asthma

- 1 2 3
- 170 ○ ○ ○ Weakness after colds, influenza
 - 171 ○ ○ ○ Exhaustion - muscular and nervous
 - 172 ○ ○ ○ Respiratory disorders

GROUP 8

- 173 ○ ○ ○ Apprehension
- 174 ○ ○ ○ Irritability
- 175 ○ ○ ○ Morbid fears
- 176 ○ ○ ○ Never seems to get well
- 177 ○ ○ ○ Forgetfulness
- 178 ○ ○ ○ Indigestion
- 179 ○ ○ ○ Poor appetite
- 180 ○ ○ ○ Craving for sweets
- 181 ○ ○ ○ Muscular soreness
- 182 ○ ○ ○ Depression; feelings of dread
- 183 ○ ○ ○ Noise sensitivity
- 184 ○ ○ ○ Acoustic hallucinations
- 185 ○ ○ ○ Tendency to cry without reason
- 186 ○ ○ ○ Hair is coarse and/or thinning
- 187 ○ ○ ○ Weakness
- 188 ○ ○ ○ Fatigue
- 189 ○ ○ ○ Skin sensitive to touch
- 190 ○ ○ ○ Tendency toward hives
- 191 ○ ○ ○ Nervousness
- 192 ○ ○ ○ Headache
- 193 ○ ○ ○ Insomnia
- 194 ○ ○ ○ Anxiety
- 195 ○ ○ ○ Anorexia
- 196 ○ ○ ○ Inability to concentrate; confusion
- 197 ○ ○ ○ Frequent stuffy nose; sinus infections
- 198 ○ ○ ○ Allergy to some foods
- 199 ○ ○ ○ Loose joints

FEMALE ONLY

- 200 ○ ○ ○ Very easily fatigued
- 201 ○ ○ ○ Premenstrual tension
- 202 ○ ○ ○ Painful menses
- 203 ○ ○ ○ Depressed feelings before menstruation
- 204 ○ ○ ○ Menstruation excessive and prolonged
- 205 ○ ○ ○ Painful breasts
- 206 ○ ○ ○ Menstruate too frequently
- 207 ○ ○ ○ Vaginal discharge
- 208 ○ Hysterectomy / ovaries removed
- 209 ○ ○ ○ Menopausal hot flashes
- 210 ○ ○ ○ Menses scanty or missed
- 211 ○ ○ ○ Acne, worse at menses
- 212 ○ ○ ○ Depression of long standing

MALE ONLY

- 213 ○ ○ ○ Prostate trouble
- 214 ○ ○ ○ Urination difficult or dribbling
- 215 ○ ○ ○ Night urination frequent
- 216 ○ ○ ○ Depression
- 217 ○ ○ ○ Pain on inside of legs or heels
- 218 ○ ○ ○ Feeling of incomplete bowel evacuation
- 219 ○ ○ ○ Lack of energy
- 220 ○ ○ ○ Migrating aches and pains
- 221 ○ ○ ○ Tire too easily
- 222 ○ ○ ○ Avoids activity
- 223 ○ ○ ○ Leg nervousness at night
- 224 ○ ○ ○ Diminished sex drive

List the five main complaints you have in the order of their importance:

1. _____
2. _____
3. _____
4. _____
5. _____

Health Questionnaire (NTAF)

Name: _____ Age: _____ Sex: _____ Date: _____

* Please circle the appropriate number "0 - 3" on all questions below. 0 as the least/never to 3 as the most/always.

SECTION A

- Is your memory noticeably declining? 0 1 2 3
- Are you having a hard time remembering names and phone numbers? 0 1 2 3
- Is your ability to focus noticeably declining? 0 1 2 3
- Has it become harder for you to learn things? 0 1 2 3
- How often do you have a hard time remembering your appointments? 0 1 2 3
- Is your temperament getting worse in general? 0 1 2 3
- Are you losing your attention span endurance? 0 1 2 3
- How often do you find yourself down or sad? 0 1 2 3
- How often do you fatigue when driving compared to the past? 0 1 2 3
- How often do you fatigue when reading compared to the past? 0 1 2 3
- How often do you walk into rooms and forget why? 0 1 2 3
- How often do you pick up your cell phone and forget why? 0 1 2 3

SECTION B

- How high is your stress level? 0 1 2 3
- How often do you feel that you have something that must be done? 0 1 2 3
- Do you feel you never have time for yourself? 0 1 2 3
- How often do you feel you are not getting enough sleep or rest? 0 1 2 3
- Are you getting regular exercise? 0 1 2 3
- Do you think people don't care about you? 0 1 2 3
- Do you feel you are not accomplishing your life's purpose? 0 1 2 3
- Do you have no one to share your problems with? 0 1 2 3

SECTION C

SECTION C1

- How often do you get irritable, shaky, or have lightheadedness between meals? 0 1 2 3
- How often do you feel energized after eating? 0 1 2 3
- How often do you have difficulty eating large meals in the morning? 0 1 2 3
- How often does your energy level drop in the afternoon? 0 1 2 3
- How often do you crave sugar and sweets in the afternoon? 0 1 2 3
- How often do you wake up in the middle of the night? 0 1 2 3
- How often do you have difficulty concentrating before eating? 0 1 2 3
- How often do you depend on coffee to keep yourself going? 0 1 2 3
- How often do you feel agitated, easily upset, and nervous between meals? 0 1 2 3

SECTION C2

- Do you get fatigued after meals? 0 1 2 3
- Do you crave sugar and sweets after meals? 0 1 2 3
- Do you feel you need stimulants such as coffee after meals? 0 1 2 3
- Do you have difficulty losing weight? 0 1 2 3
- How much larger is your waist girth compared to your hip girth? 0 1 2 3
- How often do you urinate? 0 1 2 3
- Have your thirst and appetite been increased? 0 1 2 3
- Do you have weight gain when under stress? 0 1 2 3
- Do you have difficulty falling asleep? 0 1 2 3

SECTION 1 - S

- Are you losing your pleasure in hobbies and interests? 0 1 2 3
- How often do you feel overwhelmed with ideas to manage? 0 1 2 3
- How often do you have feelings of inner rage (anger)? 0 1 2 3
- How often do you have feelings of paranoia? 0 1 2 3
- How often do you feel sad or down for no reason? 0 1 2 3
- How often do you feel like you are **not** enjoying life? 0 1 2 3

- How often do you feel you lack artistic appreciation? 0 1 2 3
- How often do you feel depressed in overcast weather? 0 1 2 3
- How much are you losing your enthusiasm for your favorite activities? 0 1 2 3
- How much are you losing enjoyment for your favorite foods? 0 1 2 3
- How much are you losing your enjoyment of friendships and relationships? 0 1 2 3
- How often do you have difficulty falling into deep restful sleep? 0 1 2 3
- How often do you have feelings of dependency on others? 0 1 2 3
- How often do you feel more susceptible to pain? 0 1 2 3
- How often do you have feelings of unprovoked anger? 0 1 2 3
- How much are you losing interest in life? 0 1 2 3

SECTION 2 - D

- How often do you have feelings of hopelessness? 0 1 2 3
- How often do you have self-destructive thoughts? 0 1 2 3
- How often do you have an inability to handle stress? 0 1 2 3
- How often do you have anger and aggression while under stress? 0 1 2 3
- How often do you feel you are not rested even after long hours of sleep? 0 1 2 3
- How often do you prefer to isolate yourself from others? 0 1 2 3
- How often do you have unexplained lack of concern for family and friends? 0 1 2 3
- How easily are you distracted from your tasks? 0 1 2 3
- How often do you have an inability to finish tasks? 0 1 2 3
- How often do you feel the need to consume caffeine to stay alert? 0 1 2 3
- How often do you feel your libido has been decreased? 0 1 2 3
- How often do you lose your temper for minor reasons? 0 1 2 3
- How often do you have feelings of worthlessness? 0 1 2 3

SECTION 3 - G

- How often do you feel anxious or panic for no reason? 0 1 2 3
- How often do you have feelings of dread or impending doom? 0 1 2 3
- How often do you feel knots in your stomach? 0 1 2 3
- How often do you have feelings of being overwhelmed for no reason? 0 1 2 3
- How often do you have feelings of guilt about everyday decisions? 0 1 2 3
- How often does your mind feel restless? 0 1 2 3
- How difficult is it to turn your mind off when you want to relax? 0 1 2 3
- How often do you have disorganized attention? 0 1 2 3
- How often do you worry about things you were not worried about before? 0 1 2 3
- How often do you have feelings of inner tension and inner excitability? 0 1 2 3

SECTION 4 - ACH

- Do you feel your visual memory (shapes & images) is decreased? 0 1 2 3
- Do you feel your verbal memory is decreased? 0 1 2 3
- Do you have memory lapses? 0 1 2 3
- Has your creativity been decreased? 0 1 2 3
- Has your comprehension been diminished? 0 1 2 3
- Do you have difficulty calculating numbers? 0 1 2 3
- Do you have difficulty recognizing objects & faces? 0 1 2 3
- Do you feel like your opinion about yourself has changed? 0 1 2 3
- Are you experiencing excessive urination? 0 1 2 3
- Are you experiencing slower mental response? 0 1 2 3

Symptom groups listed in this flyer are not intended to be used as a diagnosis of any disease condition.
For nutritional purposes only.

PATIENT NAME:

ARBITRATION AGREEMENT

Article 1: Agreement to Arbitrate: It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by California and federal law, and not by a lawsuit or resort to court process except as state and federal law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

Article 2: All Claims Must be Arbitrated: It is also understood that any dispute that does not relate to medical malpractice, including disputes as to whether or not a dispute is subject to arbitration, will also be determined by submission to binding arbitration. It is the intention of the parties that this agreement bind all parties as to all claims, including claims arising out of or relating to treatment or services provided by the health care provider including any heirs or past, present or future spouse(s) of the patient in relation to all claims, including loss of consortium. This agreement is also intended to bind any children of the patient whether born or unborn at the time of the occurrence giving rise to any claim. This agreement is intended to bind the patient and the health care provider and/or other licensed health care providers or preceptorship interns who now or in the future treat the patient while employed by, working or associated with or serving as a back-up for the health care provider, including those working at the health care provider's clinic or office or any other clinic or office whether signatories to this form or not.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the health care provider, and/or the health care provider's associates, association, corporation, partnership, employees, agents and estate, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress, injunctive relief, or punitive damages.

Article 3: Procedures and Applicable Law: A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days thereafter. The neutral arbitrator shall then be the sole arbitrator and shall decide the arbitration. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees, witness fees, or other expenses incurred by a party for such party's own benefit.

Either party shall have the absolute right to bifurcate the issues of liability and damage upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity that would otherwise be a proper additional party in a court action, and upon such intervention and joinder, any existing court action against such additional person or entity shall be stayed pending arbitration.

The parties agree that provisions of the California Medical Injury Compensation Reform Act shall apply to disputes within this arbitration agreement, including, but not limited to, sections establishing the right to introduce evidence of any amount payable as a benefit to the patient as allowed by law (Civil Code 3333.1), the limitation on recovery for non-economic losses (Civil Code 3333.2), and the right to have a judgment for future damages conformed to periodic payments (CCP 667.7). The parties further agree that the Commercial Arbitration Rules of the American Arbitration Association shall govern any arbitration conducted pursuant to this Arbitration Agreement.

Article 4: General Provision: All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable legal statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence.

Article 5: Revocation: This agreement may be revoked by written notice delivered to the health care provider within 30 days of signature and if not revoked will govern all professional services received by the patient and all other disputes between the parties.

Article 6: Retroactive Effect: If patient intends this agreement to cover services rendered before the date it is signed (for example, emergency treatment) patient should initial here. _____. Effective as of the date of first professional services.

If any provision of this Arbitration Agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision. I understand that I have the right to receive a copy of this Arbitration Agreement. By my signature below, I acknowledge that I have received a copy.

NOTICE: BY SIGNING THIS CONTRACT, YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION, AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

PATIENT SIGNATURE X	(Date)
(Or Patient Representative)	
(Indicate relationship if signing for patient)	
OFFICE SIGNATURE X	(Date)

ALSO SIGN THE INFORMED CONSENT ON REVERSE SIDE

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic X-rays, on me (or on the patient named below, for whom I am legally responsible) by the doctor of chiropractic named below and/or other licensed doctors of chiropractic who now or in the future work at the clinic or office listed below or any other office or clinic.

I have had an opportunity to discuss with the doctor of chiropractic named below and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments and other procedures. I understand that results are not guaranteed.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including but not limited to fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely upon the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known to him or her, is in my best interest.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Patient Signature _____ Date _____

Witness Signature _____ Date _____