



## **‘Kinder,’ personalized care at Kindertherapy**

A Fairfield County Pediatric and Occupational therapy practice is using a personalized and nurturing approach to work with children, ranging in age from infancy through high school.

Kindertherapy, P.C. is owned and operated by Judith E. Cohn, M.A., O.T.R. of Ridgefield, providing individualized, one-on-one services. Some of the services provided aim to improve visual-perceptual-motor skills, fine motor skills, handwriting, keyboarding, sensory processing and activities of daily of living.

Treatment uses a multi-sensory approach combined with empathy and patience as well as consideration for the needs of the whole child, according to Judith. Collaboration and follow-through with family members is stressed to achieve carryover of treatment.

Therapy is provided by Judith who is a highly experienced therapist with certifications in: Sensory integration and treatment, interactive metronome, listening therapy and Irlen Screening for Scotopic Sensitivity Syndrome.

Judith has worked extensively with children that have learning disabilities, autism spectrum disorders and developmental delays. She is available to provide Occupational Therapy evaluations, treatment as well as consultation. She is also available to create a personalized sensory diet that is extremely helpful for self-regulation and optimal functioning in a variety of different environments.

Kindertherapy is located at 40 High Pastures Court, Ridgefield and can be reached at 203-894-9003 or [Judith@kindertherapy.com](mailto:Judith@kindertherapy.com).